



In Kobe where Popoki lives, the weather is getting warmer and there is so much greenery! Popoki likes to take a nap under a tree. How about you?

## Popoki's Hot News!



Earthquakes, floods, tsunami, radiation....

Conflict, poverty, environmental destruction and other pressing problems. We must all work together to make this a world where everyone feels safe.



### *Popoki's Peace Book 3 and Popoki's Friendship Story -*

*Our Peace Journey Born out of the Great Northeastern Japan Earthquake*

You can get copies of these and Popoki's other books at your local bookstore (in Japan), from the publisher Epic (<https://bookway.jp/epic/>), at the Kobe YMCA or from the Popoki Peace Project! We look forward to your orders and comments.



### **Pieces of Peace**

One of Popoki's friends, **Yasu-nyan**, sent the following piece of peace:

"I was really glad to play golf with him!"

This is what my father said to my mother when eating dinner together. I just started playing golf and played with my father for the first time. It's definitely peace to enjoy sports with your family. Although I wish he had told me directly instead of telling my mother, it certainly reflects his personality."

What sort of 'peace' did you encounter today? Please contribute a bit of peace! Please let us know by sending a message to Popoki's e-mail.



We are delighted to announce we have received a grant for this year, too, so our work in Northeast Japan will continue. We are looking forward to seeing our friends in Otsuchi-cho again this year, too!



**NEW!** New videos of Nada Challenge 2015!!! Watch on Popoki's URL or YouTube at: <https://youtu.be/7LcYzZzNQYg> and <https://youtu.be/WYdWwmwogKE>

## Popoki in a Parade!

Kobe, Japan and Seattle, USA are sister cities and the YMCAs of both cities are partner YMCAs. This year, the youth exchange between Kobe and Seattle YMCAs which was begun in 1966 celebrates its 50<sup>th</sup> anniversary. Staff from the Seattle YMCA came to Kobe and joined about 150 Kobe YMCA members in the annual Kobe Festival Parade. Satonyan and Ronyan joined them, carrying signs with Popoki and PEACE.

looking toward the 100<sup>th</sup> anniversary of the exchange, Popoki wants to keep thinking about peace with young people from Kobe and Seattle and working to make a more peaceful world. Thank you for a fun day!





## **Popoki Peace Project・ポーポキ・ピース・プロジェクト**

### **10<sup>th</sup> Anniversary**

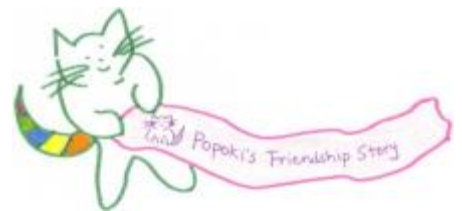
**How should we celebrate Popoki Peace Project's 10<sup>th</sup> Anniversary?**

**It has been 10 years since Popoki Peace Project began.**

**Four books. Lots of nyan-friends. Many different workshops. Study tours.**

**About 200 meters of Popoki's friendship Story cloth. Lots of smiling faces.**

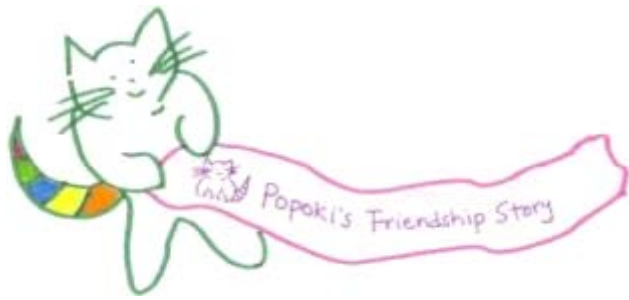
**What do you think we should do to reflect on the first 10 years, and look forward to the next ten?**



**Here are some of the suggestions we have already gathered....**

- **Make new t-shirts**
- **Popoki goods (bags, hats, clear files, etc.)**
- **Popoki postage stamps**
- **Film showing (Nuclear? Something rather expensive? Several films?)**
  - **A party or overnight gathering to talk about Popoki**
- **Have a section at the Convention on the Rights of the Child 2016 Forum**
- **What is your suggestion?**
- **Please send it to [ronniandpopoki@gmail.com](mailto:ronniandpopoki@gmail.com) !**





## \*Popoki's Interview\*

### Part 2\*

Interviewer : suzankanyan

Interviewee : Dandy (Matsuo Shouji san)

Dandy, how do u feel today?

I feel good.

I was just repairing my boat,  
tomorrow finally, I am going to sail.

That' s great! You must feel good then!

Yes! But still little bit tired...

Take your time please.

How about today' s sky and sea color?

Veery nice. The sky and the sea, both are just blue.



Last time, looking at Popoki' s Friendship Story book,  
we talked about your experiences..  
so you have visited Kesennuma city in Miyagi prefecture  
several times.

Yes, I have.  
What was the purpose?

Before the Great Earthquake in Tohoku area,  
there was a summit held in Kesennuma city in 2009  
called  
“Japan Nakizuna Summit in Kesennuma” .  
I attended the summit and made a speech  
about nakizuna(squeaking sand),  
but also there was one disaster specialist professor  
who mentioned that  
“There is high possibility that a tsunami is going  
to hit this region in the near future” .

Oh.  
I remember I started to feel very worried.

After that  
I visited Kesennuma several times,  
but unfortunately the professor' s words  
all came true.

...unfortunately.

I am thinking about...  
Kesennuma city and Kotohikihama  
both are similar seaside spots.

I just felt...I want to do something,  
be useful in any kind of way  
and then I had this idea...

My business!!

A boat!!  
I can send boats!!

After that I contacted one  
shipping company in Chiba  
and they assisted me for free.

I also sent fishing nets.  
Here, my friend from Kanazawa assisted me.

That' s so nice.  
I actually haven' t so much  
thought about boats and nets,  
they are definitely necessary for fishing industry.  
Since most of the tsunami affected areas are  
famous for delicious fish and sea food,  
it was a great idea, I think.

It' s really nice  
how people in the same field can and do cooperate.

I also thought about the situation of women  
in the difficult situation of disaster.  
Sometimes it is easy to forget  
sensitive items like  
underwear and sanitary napkins,  
but they are so necessary right?!

Yes. That' s true.  
The lack of underwear and sanitary napkins was also  
discussed in the case of the Kumamoto disaster, just a month ago.

It is important to think and understand feelings of victims.  
I also have an experience of fire in my house,  
at that time I was blessed with so much help and assistance.

It is important to do,  
things you can do

in the time you can do them.

Yes ! ☺

Japan has many disasters,  
it is important to be always prepared.



And if, by any chance, something  
actually happens,  
please come to my place!:-)

Oh, thank you so much!  
I hope, deeply in my heart,  
that nothing is going happen,  
but yeah! let' s go to Kotohikihama to meet Dandy  
in the near future!

Yeah!

Actually, on June 5, next next week Sunday,  
we are going to have a great event, called  
“Hadashi no concert 2016” (barefoot concert) in Kotohikihama.

You can enjoy the blue sea and hopefully the blue sky,  
and all the beauties of Kotohikihama are waiting for you here.

Please join us!

Sounds great!

Dandy,  
Thank you very much for today.  
It was so nice to talk to you.

Please take care and let' s see each other again soon.



Ok, my friends.  
Let' s use this opportunity,  
go and visit this beautiful part of Japan,  
Kotohikihama!

Thank you nyan.

# POPOKI'S EASY POGA

## Lesson 96

This month's theme is having a good stretch!



1. First, as always, sit up straight and look beautiful.
2. Next, keep your right hand and left knee on the ground and stretch out your left hard and right leg and your tail!
3. Now, lie on your back with your knees bent. Lift your knees and gentle swing them back and forth to the right, and then to the left. Swing your tail, too.
4. Finally, bring your knees back to the center and then shake your feet left and right, and forward and backward. Try shaking your tail, too!
5. Did it? Even if you didn't succeed, you tried! It is time for the 'success pose.' Congratulations! Do you feel refreshed? Please remember to relax, breathe, laugh and practice for 3 minutes every day.

## Please join us!

**Next Po-kai: 2016.6.17 19:00~20:20 Kobe YMCA**

**6.11 Popoki at Kio University "Peace and Health" workshop**

**7.3 Popoki at Nada Challenge! Booth and Exhibit**

**7.16 Popoki at Kodomo no sato, Nishinari-ku, Osaka**

**8.6 Hiroshima Day die-in and Skype event (Film showing too?)**

### From Popoki's friends....

**6.26 "Building this country's future-Gathering of People from Kansai Universities Opposing the new Security Laws" (in Japanese) 13:30-17:30, Kwansei University, Uegasuki Campus, G-101. For info see <http://iws1970.web.fc2.com/forum.html>**

**6.14 Convention on the Rights of the Child Forum 2016 event <https://www.facebook.com/kodomokenri2016/>**

**New photo collection! Akagi, Shunji. *Fukushima Traces 2011-2013*. Osiris, 2015. Orders: <http://www.shashasha.co/en/book/fukushima-traces-2011-2013/>**



# Popoki in Print

ESD Digital Archives, Kansai Council of Organizations for International Exchange  
<http://www.interpeople.or.jp>

- “Peace Picture Book Published – linked to disaster support in East Japan” *Kobe Shimbun* (2014.3.25) KIHARA Kana
- “Awards given to 37 groups Daiwa Securities Foundation” *Kobe Shimbun* (2013.8.23 p.8)
- “Reproducing ‘human shadows’ and asserting no nukes” *Kobe Shimbun* (2013.8.7 p.22)
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- “‘Safe’ and ‘Secure’ Society is from the bottom-up”, *Mainichi Shimbun Interview with Ronni Alexander*, 2012.10.29, p.1 (evening edition; Japanese)
- R. Alexander. “Remembering Hiroshima: Bio-Politics, Popoki and Sensual Expressions of War.” *International Feminist Journal of Politics*. Vol.14:2:202-222, June 2012
- “Article 9 is at the base of Peace with Popoki” *Kodomo to Mamoru 9 jono kai News*, No.66, 2012.5.12
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- Hiroshima and the World: What Color is Hiroshima? Chugoku Shimbun Peace Media Center, [http://www.hiroshimapeacemedia.jp/mediacenter/article.php?story=20100312140608602\\_en](http://www.hiroshimapeacemedia.jp/mediacenter/article.php?story=20100312140608602_en) 2010.3.15
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- ‘Friendship’ No.2 2009.11 Itami City International/Peace Exchange Commission, Annual Events, p.1-2.
- ‘Not for But With...’ No.79, 2010.1 Notice of the Popoki Peace Challenge event. P.12
- ‘Nada’ notice of the Popoki Peace Challenge event, 2009.12, p.2
- ‘Yujotte...Kangaeru Ehon.’ *Asahi Shimbun* 2009.7.2 AKUZAWA Etsuko
- ‘Yujo wo kangaete – Ningen to, Neko to, soshite Jibun to,’ *RST/ALN*, No.259 2009.6.28, p.11
- ‘New Books: *Popoki, What Color is Friendship? Popoki’s Peace Book 2*’ (Rebecca Jennison) “Cutting-Edge,” Vol.35 2009.6, p.3
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- ‘Tomodachi ni Natte Kuremasenkai,’ *RST/ALN*, 2009.2.22
- Popoki on the radio. <http://www.kizzna.fm/> Click on 6CH to hear the program and reading of Popoki in Japanese (No longer available)
- *Yasashii kara hito nann desu* Exhibition Organizing Committee ‘Universal Declaration of Human Rights.’ Hyogo Buraku Liberation and Human Rights Institute. 2008.10. ¥500. For information contact: [blrhyg@osk3.3web.jp](mailto:blrhyg@osk3.3web.jp)
- “KFAW College Seminar: What Color is Peace for Women? Thinking about Peace, Violence and Gender with Popoki.” *Asian Breeze* No.54 October 2008, p.8 (Kitakyushu Forum on Asian Women)
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- “An Interview with Dr. Ronni Alexander.” *The Newpeople*, Pittsburgh’s Peace and Justice Newspaper, Vol.38 No.9, October 2008, p.5
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- \* **Back issues of Popoki News:** [http://popoki.cruisejapan.com/archives\\_e.html](http://popoki.cruisejapan.com/archives_e.html)





# What Popoki Means to Me

Miokonyan



When I thought about what to write about peace, many memories came flooding back. It's just like a merry-go-round. I especially remembered lots of happy childhood experiences. At that time I wasn't particularly aware of this as peace. I used to have keen senses, so my memories are vivid. From among them I have chosen some precious moments.

These are my private memories so it is difficult to share with other people. But I know now that my childhood memories have given me such happiness and peace.

And so now I wonder about the peace of others beyond the sea, adults and children.



## PLEASE HELP SUPPORT THE POPOKI PEACE PROJECT!

The Popoki Peace Project is a voluntary project which uses Popoki's peace book and DVD to promote peace through various activities such as peace camps, peace workshops, seminars and other activities. Since the March 2011 earthquake, we have also worked in the disaster area and in 2012 published a book about that work: *Popoki's Friendship Story - Our Peace Journey Born Out of the Great Northeastern Japan Earthquake. Popoki, What Color is Peace?* has been translated into Thai, Chinese, Korean, Khmer, Indonesian, Tetun and Bengali, Vietnamese, Arabic and Hebrew. Spanish, Farsi, Lao, Swahili, translations are underway. If you would like to translate Popoki, or have a way to have the book sold at your local bookstore, please let us know.

### How to purchase Popoki's books from outside of Japan



1. Go to your local Japanese bookstore: Kinokuniya, Maruzen, etc. (or their website)

2. In the US, thanks to a very satisfied customer, *Popoki, What Color is Peace? Popoki's Peace Book 1* can be ordered from Kinokuniya Bookstore in Los Angeles. The bookstore is at

[www.los\\_angeles@kinokuniya.com](mailto:www.los_angeles@kinokuniya.com) and the telephone number is 213.687.4480. The price is US\$20.00 plus tax.

### Some ways to purchase *Popoki, What Color is Peace? Popoki's Peace Book 1, Popoki, What Color is Friendship? Popoki's Peace Book 2, Popoki, What Color is Genki? Popoki's Peace Book 3* and *Popoki's Friendship Story* from inside Japan

From the publisher, Epic: TEL: 078-241-7561·FAX: 078-241-1918

From Amazon.co.jp or your local bookseller

From the Popoki Peace Project ([popokipeace\(at\)gmail\(dot\)com](mailto:popokipeace(at)gmail(dot)com))



**Contributions are always welcome!**

Popoki Peace Project [popokipeace-at-gmail.com](mailto:popokipeace-at-gmail.com)

<http://popoki.cruisejapan.com>



From within Japan, please use our Postal account or Postal bank account:

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THANK YOU FROM  
POPOKI!!