# Popoki

Newsletter No.44 - 2009.4.26

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http://popoki.cruisejapan.com/index e.html

# Popoki's Hot News

Thanks for waiting! Popoki's new Peace Book has been released!



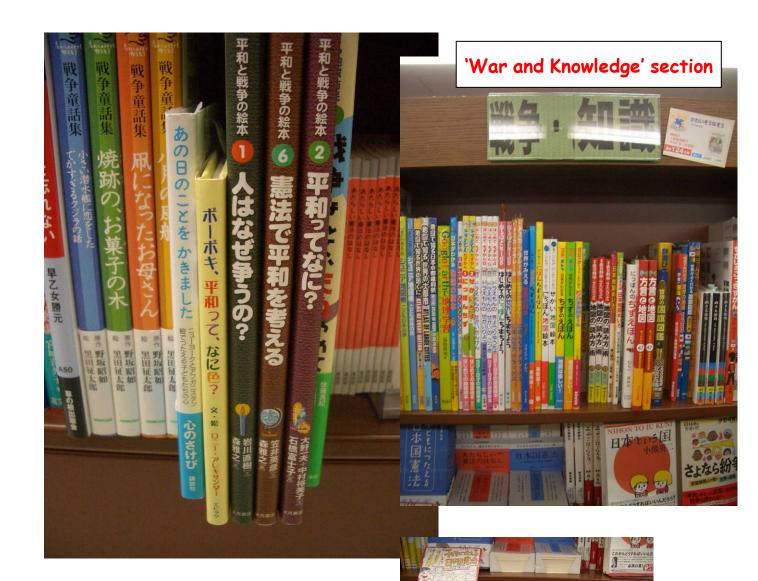


Popoki, What Color is Friendship? Popoki's Peace Book 2 was released on 20 April. So far, it has received good reviews. We hope to receive your orders and comments, and that you will share it with your friends. For information, please contact: popokipeace (at) gmail (dot) com

Here are a few photos of the first Po-kai with the newly finished book.



Thanks to all of Popoki's friends! Looking for Popoki in a Kobe Bookstore...



In a bookstore in Kobe, we did a search for *Popoki, What Color is Friendship.* Both Peace Books were listed in the children's section. We found Peace Book 1, but Peace Book 2 was gone! Maybe Popoki has a new friend somewhere!

Peace Book 1



# One Day on the Beach...



The Director ↓









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# Popoki in Himeji



On 17 March, members of Po-Kai held a reading at a nursery school in Himeji. Although the content of *Popoki, What Color is Peace?* was a bit difficult for some of the children, we all had a good time. Thank you all!



Does peace feel like Ronni's fleece?







Photos: Upper 2: URAI Kana Lower 3: UDDIN Bashir



### Please join us!



- 5.12 Po-Kai at Kobe YMCA 19:00-21:00 Room 304
- · All Welcome! We will talk about plans for the next few months
- · 8.11
- 5.4 Popoki in Chiang Mai!
- 5.22 Popoki reading at Children's Centre, Nishinari-ku Osaka
- 6.7 Nada Challenge! Festival participation
- 6.27 Popoki in Niigata!
- 8.11 Popoki at International Understanding and Development Seminar, JICA Hyogo Still in the planning stage...
- 7.26-8.2 July Popoki in Hungary?
- 8.20-21 Kengaikyo (Hiroshima)?
- 9.18-25 Popoki in Palestine/Israel Part 2?
- 9.26-27 Peace Education Symposium (Hiroshima) (Kasumi Tamura)

#### Popoki's friends:

5.16 Lecture on Article 9 (in Japanese) Lecture by Tatsuya YOSHIOKA: "Why Does the World Care About Article 9" 13:30-16:00, Kobe Kinro Kaikan, Rm.308. Admission: ¥800, youth: ¥500. Information: Kyujou no kai hyougo: TEL:078-574-0701 • FAX:078-574-0702

# Popoki's Easy POGA

#### Lesson 11

Time to relax with our next easy Poga lesson! Have you been practicing?

- 1. As usual, sit up straight, making yourself look thin.
- 2. Stand and stretch way up!
- 3. Now keep stretching, but also stretch your right leg back, either bent or straight.
- 4. Now try it with your left leg. (Remember to bring your right leg back first)!
- 5. You did it! Very good! Time for the 'success pose.'



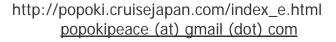
Congratulations! You have successfully completed Lesson 11. That was easy, wasn't it! Remember to practice every day for at least 3 minutes. See you next month for lesson 12!

## Popoki in Print

- → 'Thinking about Peace with a Cat: Second Peace Book Published." (SAITO Masashi) Kobe Shimbun, 2009.4.21
- ➤ 'Popoki, What Color is Peace?' Kobe YMCA News, 2009.3.1. No.593. p.2
- > 'Popoki, What Color is Trash?' Kobe YMCA News, 2009.1.1. No.592. p.2
- 'Tomodachi ni Natte Kuremasenkai,' RST/ALN, 2009.2.22
- Popoki on the radio. <a href="http://www.kizzna.fm/">http://www.kizzna.fm/</a> Click on 6CH to hear the program and reading of Popoki in Japanese
- Yasashii kara hito nann desu Exhibition Organizing Committee 'Universal Declaration of Human Rights.' Hyogo Buraku Liberation and Human Rights Institute. 2008.10. ¥500. For information contact: blrhyg@osk3.3web.jp
- \* "KFAW College Seminar: What Color is Peace for Women? Thinking about Peace, Violence and Gender with Popoki." Asian Breeze No.54 October 2008, p.8 (Kitakyushu Forum on Asian Women)
- "Peace Seminar in Kumamoto: What does 'peace' mean to you?" Kumamoto YMCA News 10 Vol.437 October 2008, p.1 (Japanese)
- Kobe Shimbun "Human Rights Declaration Exhibition Panels: 6 Local Hyogo Artists Illustrate all 30 Articles" 2008.10.8. p.10
- \* "An Interview with Dr. Ronni Alexander." *The Newpeople,* Pittsburgh's Peace and Justice Newspaper, Vol.38 No.9, October 2008, p.5
- ➤ "Nuclear Security is Inhuman Security Dr. Ronni Alexander speaks about Hiroshima and Nagasaki." *The Newpeople*, Pittsburgh's Peace and Justice Newspaper, Vol.38 No.9, Oct. 2008, p.4
- Popoki in Pittsburgh. Check out the Remembering Hiroshima/Imagining Peace URL: http://www.rememberinghiroshima.org/
- Global Campaign for Peace Education News #57 August 2008 (The Global Campaign for Peace Education (GCPE) e-newsletter. Sign-up to receive the newsletter and review back issues online at <a href="https://www.tc.edu/PeaceEd/newsletter">www.tc.edu/PeaceEd/newsletter</a>.)
- Editorial "The Anniversary of the End of the War" Kobe Shimbun 2008.8.15
- ➤ "Looking toward the Abolition of Nuclear Weapons." Chugoku Shimbun 2008.7.27 (A three-hour interview about nuclear deterrence. Even though I spoke a lot about Popoki, he wasn't included!)
- → Hyogo Buraku Kaiho, 2008.6 (Autumn). Buraku Liberation Research Institute of Hyogo. This features some of the Human Rights Posters.
- → Hyogo Buraku Kaiho, 2008.6 (Summer). Buraku Liberation Research Institute of Hyogo. This features some of the Human Rights Posters.
- \* Back issues of Popoki News: http://popoki.cruisejapan.com/archives\_e.html
- \*\* Special Report

For those that read Japanese, a report of the workshop held last August at the 'Seminar on Education for International Understanding and Development for Multicultural Understanding' can now be found at the following website. It is likely that Popoki will be including in this year's seminar too, although of course the content will be different.

http://www.jica.go.jp/hyogo/enterprise/kaihatsu/shidousha/pdf/report h20houkoku.pdf







### What Popoki Means to Me

#### Masato YOSHIIWA

What does Popoki mean to me? It is difficult for me, who has only just met Popoki, to answer this question so I would like to write down honestly what I think after reading Popoki's book. The first time when I read Popoki, I really understood the deep love between Prof. Alexander and Popoki. And then, I asked myself what Peace and friendship is through feeling Popoki's world and this warmth.

Now, I spend my life to working to achieve my goals for the future. There are many people around me who I regard as friends and I can believe in them. I think that I am happy. However, there are many people who are suffering from hunger, violence and some terrible things and thus can not afford to think about themselves. Moreover, there might be people who can not afford to think about what friendship is. I can not consider this situation as unhappy simply because I have not spent time in the same culture and institutions. Therefore, I can not judge what is correct for those people. However, I think that it is a sad situation. Although I cannot explain in words, but I think that there is not enough of the kind of warmth that Prof. Alexander and Popoki share.

And then, what is this warmth? Is it just love? And, how is this warmth created? I would like to find this answer through my Popoki life from today. Popoki might be the one who gives me a good chance to think about these important questions.



Photo: The warm smile of these children I met last February in Nepal makes me feel good!



#### PLEASE HELP SUPPORT THE POPOKI PEACE PROJECT!

The Popoki Peace Project is a voluntary project which uses Popoki's peace book and DVD to promote peace through various activities such as peace camps, peace workshops, seminars and other activities including work on *Popoki's Peace Book 2. Popoki, What Color is Peace?* has been translated into Thai, Chinese, Korean, Khmer, Indonesian, Tetun and Bengali, Vietnamese, Arabic and Hebrew. Spanish, Farsi, Lao, Swahili, translations are underway. If you would like to translate Popoki, or have a way to have the book sold at your local bookstore, please let us know.

### How to purchase *Popoki, What Color is Peace? Popoki's Peace Book 1* from outside of Japan



- 1. Go to your local Japanese bookstore: Kinokuniya, Maruzen, etc. (or their website)
- 2. In the US, thanks to a very satisfied customer, *Popoki, What Color is Peace? Popoki's Peace Book 1* can be ordered from Kinokuniya Bookstore in Los Angeles. The bookstore is at

<u>www.los\_angeles@kinokuniya.com</u> and the telephone number is 213.687.4480. The price is US\$20.00 plus tax. It is also available at Joseph-Beth Booksellers, Pittsburgh, PA and Read For You Life Book Shop, Waterloo, ON, Canada.

Popoki, What Color is Friendship? Popoki's Peace Book 2 is not yet available at these bookstores.

Some Ways to purchase *Popoki, What Color is Peace? Popoki's Peace Book 1* and *Popoki, What Color is Friendship? Popoki's Peace Book 2* from inside Japan

From the publisher, Epic: TEL: 078-241-7561 · FAX: 078-241-1918

From Amazon.co.jp or your local bookseller

From the Popoki Peace Project (popokipeace (at) gmail(dot)com

Contributions are always welcome!

Popoki Peace Project popokipeace-at-gmail.com

http://popoki.cruisejapan.com

From within Japan, please use our Postal account or Postal bank account:
Account Name ポーポキ・ピース・プロジェクト神戸

Postal Account number: 00920-4-28035

Postal Bank (Yuucho Ginko) account number: Branch No.:099; Branch

name: 009 店、special account(当座) 0280350





Thank you!