



Summer !

A time for adventures and new friends !
How was your summer? In this issue of Popoki News, I'll tell you about my summer, starting with some photos with a couple of new friends.... (Ronni at Naoshima, Kagawa Prefecture)



Popoki's Hot News



It is still a ways away but...Popoki has gotten a grant for a Photo Exhibit and Peace Map-Making Event. We will have photos and a talk by photo-journalist MORIZUMI Takashi, and Morizumi-san will help us with map-making, too. Mark your calendars for 8 and 9 January 2010 and join us!



Popoki and Mimi are taking another peace journey on DVD! The latest in the Iwanami DVD Book Peace Archives Series, *Tokyo/Guernica/Chongqing: Learning Peace from Air Raids*, has just been released! The new 'Peace Machine Journey' is a 17-minute documentary about aerial bombardment. Like the others in the series, this DVD (about 15 min.) also has English subtitles.



Popoki's books are on sale at a bookstore in Kobe specializing in books in English. Please pay Random Walk Books a visit!

ADDRESS: Kobe-shi Sannomiya-cho 3-9-8 33 Bldg. 2F

TEL/FAX:078-332-9200 E-mail:randomwalkbooks@nifty.com

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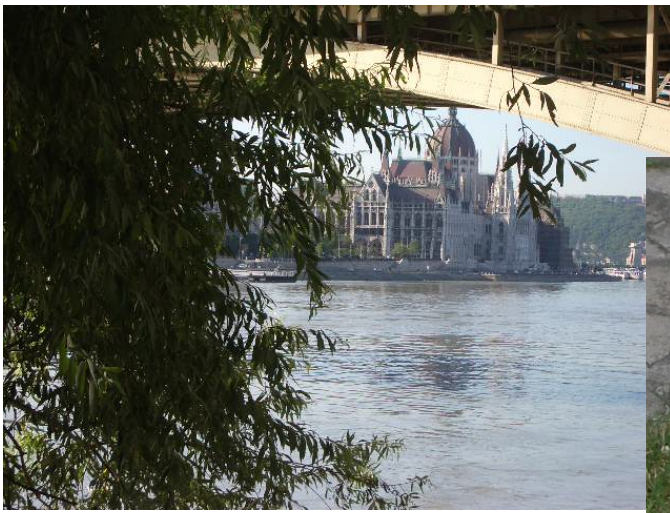
〒650-0021 兵庫県神戸市中央区三宮町 3-9-8 33bldg 2F

http://www.kizzna.fm/php/ondemand_pop.php?fid=951&refid=40&chid=6



Popoki in Hungary! 26 July - 4 August

Ronni (and of course Popoki) attended the International Institute on Peace Education (IIPE 2009) in Budapest, Hungary, and conducted a workshop on human rights. What follows is a simple photo report.



Betty Reardon (left), founder of IIPE, and friends. (Photo: Anita Yudkin) ↓



IIFE plenary sessions incorporate discussion groups into the program to discuss and formulate questions about the panel content.

(Photo: Kazuya Asakawa)



Workshop: Popoki, What Color are Human Rights? (Photo: Popoki) ↓



Human Rights posters in the lobby...
And book sales...

(Photos: Kazuya Asakawa)



We had fun, too! Poga & Haiku Performance
(Photo: Anita Yudkin) →



The Conference excursion was to a residential facility for children who for some reason are not able to live at home. We enjoyed playing with the children.

(Photo: Anita Yudkin)



(Photo: Popoki)



Daisuke's tattoo drawings were very popular!

After the conference, some of us learned some Hungarian history at the Terror House Museum (right) and the Jewish Synagogue (below).

Tree of Life honoring Jewish Victims of the Holocaust



We also had an opportunity to visit a Roma¹ community and visit a school for Roma children. We were greeted with warmth and generosity in spite of the difficulty of their situation.



(Photos: Paula
Andrea Ramirez
Diazgranados)



¹ Roma, formerly called 'gypsies,' are an ethnic minority prevalent in Eastern Europe. In Hungary, they are the target of fierce discrimination. This, combined with financial difficulties, make it difficult for some children to go to school. The school we visited works with these children, hoping to help them create a better future.

Taking Part in a Seminar at JICA Hyogo



Participants were asked to express 'self-respect' using their bodies. Here a person explains her choice.

Seminar on Education for International Understanding and Development Education

Masato Yoshiiwa

On 10-11 August, the 6th Seminar on Education for International Understanding and Development Education for Multi-Cultural Co-Existence was held at the JICA Hyogo Plaza. The purpose was to give participants a chance to learn practical teaching methods. The seminar was composed of many workshops and attended by teachers and students who are interested in this field, with the close cooperation of various organizations like JICA and Kobe YMCA and so on.

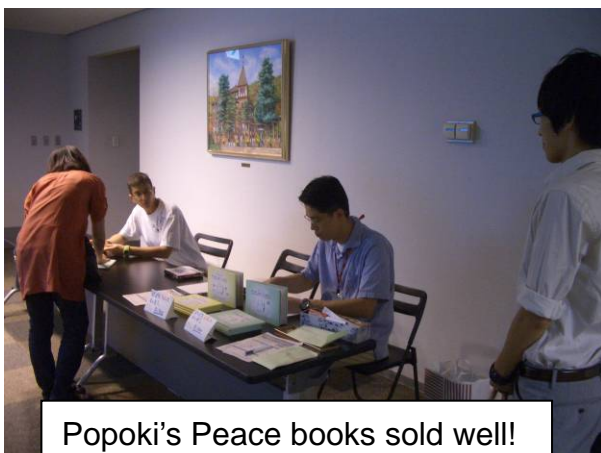
The seminar also featured a workshop on human rights by Prof. Alexander on 11th August. Almost all participants were teachers, so it was a rare sight to see them trying to get teaching methods through Prof.

Alexander's workshop and participating as if they were students.

Moreover, in this workshop, Prof. Alexander had participants make *kamishibai* (a Japanese story-telling method using pictures) using only pictures and no words. Many participants were very interested in this teaching method. Almost all the participants have always used language to



Presenting the finished *kamishibai*



Popoki's Peace books sold well!

teach their students so I think that the silent *kamishibai* gave them a good chance to realize the possibility of a teaching method without language. I sincerely hope that this opportunity becomes a chance to spread Popoki's friendship.

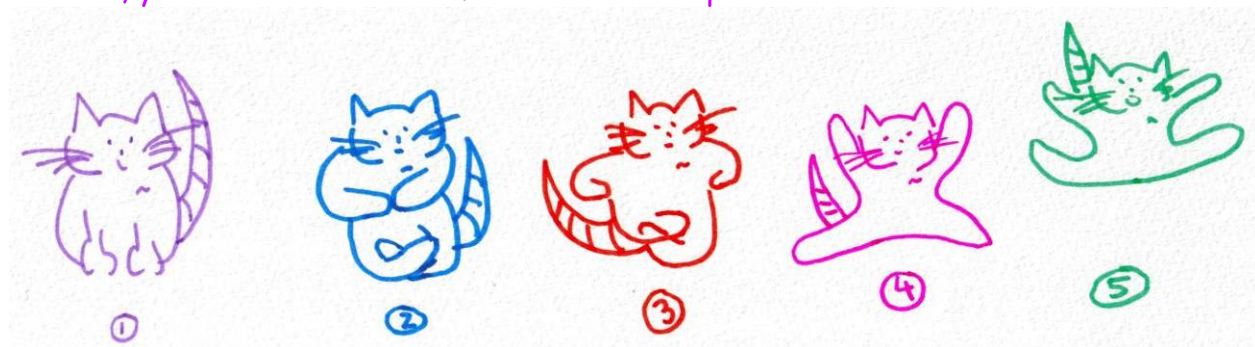


Popoki's Easy POGA

Lesson 15

How are you? How about stress? It is time to relax with a little Poga.

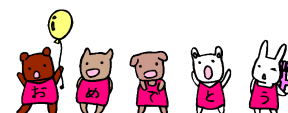
1. As usual, sit up straight, making yourself look thin.
2. Sit cross-legged. Make your hands into fists and bring your arms together, pushing your fists against each other. Are you using the muscles in your shoulders?
3. Now, without easing the tension, slowly open your arms so that your elbows are behind you.
4. Let's stretch! Standing, stretch your legs to the sides and your arms over your head.
5. Good, you did it! It's time for the 'success pose.'



Congratulations! You have successfully completed Lesson 15. Remember to practice every day for at least 3 minutes. See you next month for lesson 15!

* Keep healthy by eating well, getting enough sleep, and washing your hands...and of course practicing your poga.

Please join us!



9.29 Po-Kai at Kobe YMCA 19:00-21:00 Room 304

All Welcome! We will talk about plans for the next few months

9.5 Special Reading of Popoki at a facility for severely physically and/or mentally disabled people. From 2pm, place: WING-Michiwo Hakobu. NPO Tamariba in Nishinari-ku, Osaka.
<http://www.yourwing.org/index.html>

9.7 Popoki, What Color is Peace? Popoki at Kansai Chapter Meeting of Pan-Pacific and South-East Asia Women's Association of Japan (PPSEAWA), Hotel Granvia Osaka, 13:00-14:30

9.9 UNU Global Seminar Kobe/Hyogo Session. Ronni is giving a lecture on gender, but Popoki will no doubt show up there, too!

9.26 "Popoki, What Color is Peace? Crossing borders with our senses and bodies." 24th Transcultural Meeting. (Osaka Sangyo University Umeda Satellite Campus Lecture Room) 13:30-17:00. Reservations: Masao NAKABAYASHI Fax:072-366-3704
E-mail:masao-n(at)crocus(dot)ocn(dot)ne(dot)jp

9.26-27 Peace Education Symposium (Hiroshima) (Kasumi Tamura)

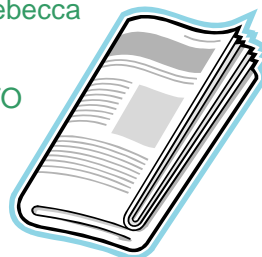
10.25 'Kobe Kita-ku Mothers' Conference' Meeting, Shiawasenomura

12.23-31 Popoki in Palestine/Israel Part 2?

2009.1.8-15 Popoki's Peace Challenge: Morizumi Takashi Photo Exhibit, lecture (1/8) and Peace Map-Making Event (1/9). Kobe Gakusei Seinen Center.

Popoki in Print

- *Popoki, What Color Is Friendship? 'Watashi no ichioshi' OKUDA Mitsuko. THE GAIDAI 2009.7.17 No.243*
- *Yujotte...Kangaeru Ehon.' Asahi Shimbun 2009.7.2 AKUZAWA Etsuko*
- *'Yujo wo kangaete – Ningen to, Neko to, soshite Jibun to,' RST/ALN, No.259 2009.6.28, p.11*
- *'New Books: Popoki, What Color is Friendship? Popoki's Peace Book 2 ' (Rebecca Jennison) "Cutting-Edge," Vol.35 2009.6, p.3*
- *'Thinking about Peace with a Cat: Second Peace Book Published.' (SAITO Masashi) Kobe Shimbun, 2009.4.21*
- *'Popoki, What Color is Peace?' Kobe YMCA News, 2009.3.1. No.593. p.2*
- *'Popoki, What Color is Trash?' Kobe YMCA News, 2009.1.1. No.592. p.2*
- *'Tomodachi ni Natte Kuremasenkai,' RST/ALN, 2009.2.22*
- *Popoki on the radio. <http://www.kizzna.fm/> Click on 6CH to hear the program and reading of Popoki in Japanese*
- *Yasashii kara hito nann desu Exhibition Organizing Committee 'Universal Declaration of Human Rights.' Hyogo Buraku Liberation and Human Rights Institute. 2008.10. ¥500. For information contact: blrhyg@osk3.3web.jp*
- *"KFAW College Seminar: What Color is Peace for Women? Thinking about Peace, Violence and Gender with Popoki." Asian Breeze No.54 October 2008, p.8 (Kitakyushu Forum on Asian Women)*
- *"Peace Seminar in Kumamoto: What does 'peace' mean to you?" Kumamoto YMCA News 10 Vol.437 October 2008, p.1 (Japanese)*
- *Kobe Shimbun "Human Rights Declaration Exhibition Panels: 6 Local Hyogo Artists Illustrate all 30 Articles" 2008.10.8. p.10*
- *"An Interview with Dr. Ronni Alexander." The Newpeople, Pittsburgh's Peace and Justice Newspaper, Vol.38 No.9, October 2008, p.5*
- *"Nuclear Security is Inhuman Security – Dr. Ronni Alexander speaks about Hiroshima and Nagasaki." The Newpeople, Pittsburgh's Peace and Justice Newspaper, Vol.38 No.9, Oct. 2008, p.4*
- *Popoki in Pittsburgh. Check out the Remembering Hiroshima/Imagining Peace URL: <http://www.rememberinghiroshima.org/>*
- *Global Campaign for Peace Education News #57 August 2008 (The Global Campaign for Peace Education (GCPE) e-newsletter. Sign-up to receive the newsletter and review back issues online at www.tc.edu/PeaceEd/newsletter.)*
- *Editorial "The Anniversary of the End of the War" Kobe Shimbun 2008.8.15*
- *"Looking toward the Abolition of Nuclear Weapons." Chugoku Shimbun 2008.7.27 (A three-hour interview about nuclear deterrence. Even though I spoke a lot about Popoki, he wasn't included!)*



*

Back issues of Popoki News:

http://popoki.cruisejapan.com/archives_e.html

http://popoki.cruisejapan.com/index_e.html
[popokipeace \(at\) gmail \(dot\) com](mailto:popokipeace@gmail.com)



What Popoki Means to Me

Ikuyo Nishide



“You poor girl! Your father died in the war.”

The words I heard so often as a child still echo in my ears.

As a result, I wanted to grow up to work for world peace. In order to solve conflicts and disputes between nations through peaceful means, would it be enough to study history and culture, not to speak of foreign languages? With such fancy dreams, I went to college.

One day, when I was browsing in the library, I came across a book with the title of *Listen to the Voices from the Sea – Writings of the Fallen Japanese Students*. I was particularly shocked when I read the following lines. “I am so starved of reading material! I find myself reading the instructions that come with medicine over and over again.”

Those young students had their university studies cut short. Deprived of the chance to learn and their dreams for the future, they were not allowed even to read books. Their desperate voices reminded me of the heartfelt wish from my childhood: “never to repeat the tragedy of war.”

It was fortunate for me that after graduation, I could eventually be involved in education for international students. I loved to hear their real-time stories about their countries, as it made me very feel close to the changes happening in the world. Moreover, I found it fascinating to learn about life, culture, and way of thinking in different countries. Occasionally, we could even discuss such provocative issues as conflicts, discrimination, or the environment.

Forty years have passed already. I sometimes miss my students and wonder how they are getting along.

It is my belief that those who share the same dream or purpose in life will meet again in the future. To my surprise, I have actually experienced many such wonderful encounters, and have also been able to be reunited with old friends after many years absence.

Popoki’s Peace Books must surely be the best gifts for them. No doubt Popoki will be welcomed by new friends in any country, and enjoy great popularity

With many thanks and best wishes to Professor Alexander, Popoki and friends!

Photos: International Students Peace Seminar,

1963, (left) & I.N, 2009, (top) . Popoki’s friends might have been attending the seminar...



PLEASE HELP SUPPORT THE POPOKI PEACE PROJECT!

The Popoki Peace Project is a voluntary project which uses Popoki's peace books and DVDs to promote peace through various activities such as peace camps, peace workshops, seminars and other activities including work on *Popoki's Peace Book 2. Popoki, What Color is Peace?* has been translated into Thai, Chinese, Korean, Khmer, Indonesian, Tetun and Bengali, Vietnamese, Arabic and Hebrew. Spanish, Farsi, Lao, Swahili, translations are underway. If you would like to translate Popoki, or have a way to have the book sold at your local bookstore, please let us know.

How to purchase *Popoki, What Color is Peace? Popoki's Peace Book 1* from outside of Japan



1. Go to your local Japanese bookstore: Kinokuniya, Maruzen, etc. (or their website)

2. In the US, thanks to a very satisfied customer, *Popoki, What Color is Peace? Popoki's Peace Book 1* can be ordered from Kinokuniya Bookstore in Los Angeles. The bookstore is at

www.los_angeles@kinokuniya.com and the telephone number is 213.687.4480. The price is US\$20.00 plus tax. It is also available at Joseph-Beth Booksellers, Pittsburgh, PA and Read For You Life Book Shop, Waterloo, ON, Canada.

***Popoki, What Color is Friendship? Popoki's Peace Book 2* is not yet available at these bookstores.**

Some Ways to purchase *Popoki, What Color is Peace? Popoki's Peace Book 1* and *Popoki, What Color is Friendship? Popoki's Peace Book 2* from inside Japan

From the publisher, Epic: TEL: 078-241-7561 · FAX: 078-241-1918

From Amazon.co.jp or your local bookseller

From the Popoki Peace Project ([popokipeace \(at\) gmail \(dot\) com](mailto:popokipeace(at)gmail(dot)com))

Contributions are always welcome!

Popoki Peace Project popokipeace-at-gmail.com

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Thank you!

THANK YOU FROM
POPOKI!

