



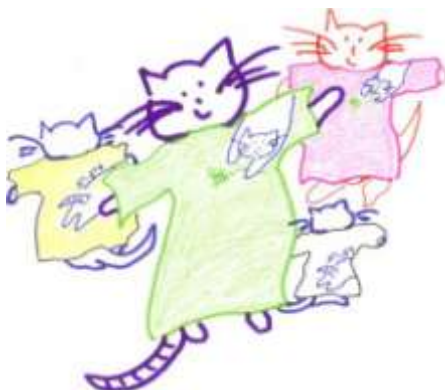
It is November! There is only one month left in the year. Cats are about ready to curl up in the *kotatsu* to keep them cozy and warm, but the cool clear autumn days and turning leaves are nice. Maybe we should play outdoors during the day and to curl up with a friend to read *Popoki, What Color is Friendship?* in the evening. (Ronni)

Popoki's Hot News



Popoki Peace Challenge in Nada!
Using the key words 'Life' and 'Peace', Popoki will host "What Color is Life?" Takashi MORIZUMI Photo Exhibit (2010.1.8-14), lecture by Takashi MORIZUMI "Looking at peace and Life through a Lens" (2010.1.8) and Peace Map Making in Nada (2010.1.9). See pp.2-3 for more details.

Hope to see you there!



POPOKI T-SHIRTS ARE NOW AVAILABLE!

SIZES: SS, S, M, L, LL (They run a bit large)

COLORS: Green, Pink, Yellow, and White.

PRICE: ¥1500 How to order: Send an e-mail to: popokipeace@gmail.com If you order before the Po-kai on 24 November, you can get your shirt at the meeting.



Popoki Peace Project presents a 3-part Photo Exhibit Event for peace!

Popoki Peace Challenge!

Please join Popoki the peace cat to look for peace in Nada!

Part 1 "What Color is Life?" Takashi MORIZUMI Photo Exhibit for Peace

2010.1.8 (Friday) – 1.14 (Thursday) Admission: Free

Hours: 09:00-22:00 (1/8 opens at 15:00; 1/14 closes at 15:00)

Part 2 "Looking at Peace and Life through a Lens" (in Japanese)

Lecture by Takashi MORIZUMI, Photo Journalist

2010.1.8 (Friday) 18:30-20:30 (Hall opens at 18:00) Fee: ¥300

Part 3 Peace Map Making in Nada 2010.1.9 (Sat.) (See below for details)

Profile: Takashi MORIZUMI. Born in Kanagawa Prefecture in 1951. Photo journalist. Morizumi continues to work to expose such topics as children of the Iraq War, people contaminated by radiation from the nuclear tests in Semipalatinsk, Okinawan civilians who experienced the war, and the effects of the depleted uranium used by the US in the Gulf War. He has many publications. <http://www.morizumi-pj.com/index.html>



Life... Life comes in many different forms. Think of your own life, or the lives of those close to you. Your pet has life, as do people around you and all the plants and creatures on the earth. The earth itself has life, too. Every life is very important, but everywhere lives are being threatened. Where? How? These photos depict children in war-torn areas such as Afghanistan and Iraq, people who are living with radiation poisoning, or people who survived the war in the former Yugoslavia.... They are all alive.

We are hoping that this three-part event will provide a space for thinking together about 'life' and 'peace.'

Part 1: The Takashi MORIZUMI Photo Exhibit for Peace will help us think about 'life' and 'peace' in other parts of the world.

Part 2: Morizumi works in war-torn and other devastated areas. Through his lecture, we will learn about 'life' and 'peace.'

Part 3: Through peace map making, we can find our own 'life' and 'peace.'

Our lives, other's lives, the earth's life.... What is the color of life?

Reservations & Information: Please send your name, contact information and age by e-mail or fax to the Popoki Peace Project by 16 December 2009.

e-mail: popokipeace@gmail.com Fax: 078-803-7295

Venue: Kobe Student Youth Center (5 minutes walk from Hankyu Rokko Station)

Yamada-cho 3-1-1, Nada-ku, Kobe. URL: <http://ksyc.jp>

Tel: 078-851-2760; Fax: 078-821-5878

こうべ がくせい せいねん

神戸 学生 青年

センター

センター



Check the Peace
Map information on
the reverse side!



SPONSOR: Popoki Peace Project <http://popoki.cruisejapan.com>; popokipeace@gmail.com

*This event was made possible by a Kobe University/Nada Ward Community Building Challenge Grant

http://popoki.cruisejapan.com/index_e.html
[popokipeace \(at\) gmail \(dot\) com](mailto:popokipeace(at)gmail(dot)com)

Popoki Peace Project presents a 3-part Photo Exhibit Event for peace!

Popoki Peace Challenge!

Please join Popoki the peace cat to look for peace in Nada!

Part 3 Peace Map Making in Nada

Our town, Nada. There are lots of good things about it, and if you look, you can find many different kinds of 'peace' hidden in it. What is the color of peace? How about the taste, or smell or sound? Won't you join us in taking a moment to really look at this town where we walk every day, and discover your own special 'peace' places?

I'm Popoki. I love peace! Won't you join me in looking for it?



WHEN: 9 January 2010 (Saturday) 13:30-17:00 (It will be held regardless of the weather)

こうべがくせいせいねん せ ん た ー

WHERE: Kobe Student Youth Center (神戸学生青年センター) (5 min. walk from Hankyu Rokko Station) Tel: 078-851-2760; Fax: 078-821-5878 (See map on above for details)

WHO: Anyone who can walk for about 1 hour is welcome to participate

COST: ¥500 (Primary, Junior High School Students: ¥300)

RESERVATIONS & INFORMATION: Fill in your name, contact information, emergency contact, age, and any other necessary information (ex: use a wheelchair, etc.) to Popoki Peace Project by e-mail (popokipeace@gmail.com) or Fax (078-803-7295; GSICS Office, Kobe University). *If you plan to come as a family, please include the names of each person.

**Please indicate whether you need English translation

RESERVATION DEADLINE: 16 December 2009 (Wednesday)

ACTIVITY CONTENT

We will divide into groups and explore parts of Nada Ward together, looking for 'peace.' Then we will come back to the Kobe Student Youth Center and working together, make a 'Peace Map of Nada.'

What to Bring: Please wear loose clothing good for moving around both indoors and outside. Bring a digital camera if you have one and a notepad.

What color is peace in Nada?



Schedule

13:30 Workshop: 'Popoki, What Color is Peace?'
14:00 Takashi MORIZUMI: 'Looking for peace with a camera'
14:15 Group Time Explanation of activity
14:30 Let's go!
15:30 Return to Kobe Student Youth Center, make maps
16:30-17:00 Conclusion: Presentation of our maps



SPONSOR: Popoki Peace Project <http://popoki.cruisejapan.com;>

(This even was made possible by a Kobe University/Nada Ward Community Building Challenge Grant)

http://popoki.cruisejapan.com/index_e.html
[popokipeace \(at\) gmail \(dot\) com](mailto:popokipeace(at)gmail(dot)com)

Popoki at the 37th Peace Education Symposium

Kasumi TAMURA

Popoki and I held a workshop called "Popoki, What Color is Peace?" at a session of the 37th Peace Education Symposium held at Hiroshima Jogakuin University on Sunday, September 27.

Twenty people enjoyed the workshop of one and a half hours. Among them were a child with his father, and some high school students. It was a relaxing time and we were able to think about peace with Popoki, spanning generations and occupations.



Each person drew a "Peace Book Without Words," using three to five pages. The title was "Popoki, What Color is Learning?"

There were many participants who do not like to draw. However, when it was over, they said that they had enjoyed themselves.

When we shared our work, one of the participants told me that he wanted to answer questions about his creation so people could know his intention.

I thought that words might limit the imagination of the author, so I was daring and chose to eliminate speech. He said that he wanted to know the intention of the author and it is necessary to explain by words. I sympathize with his opinion. It is certain that words support understanding and recognition. However, I wanted to emphasize drawing without words in this workshop. What do you think? I will continue thinking about this in the future.

Finally, a high school student said at the end, "I enjoyed the time and was happy to meet Popoki. He gave me confidence and courage! "



Photos: (Top) Oh, do we have to make a picture book? I am a poor artist!

(Lower Left) All the books are masterpieces.

(Lower Right) Isn't this interesting!



Kobe Kita-ku Mothers' Association 37th Convention 2009.10.25



On 25 October, Ronni had an opportunity to share with the members of the Kita-ku Mothers' Association (Haha-oya Taikai) on the occasion of their 37th Annual Convention held at Shiawase no Mura. Here are some reflections sent to us by the organizers.

○ It was easy to understand the lecture because she used power point, even though she was talking about things I had never heard before. It was an approach to 'peace' that would be easy for everyone to understand. It was also my first time to 'act together as a group,' and I thought it was meaningful to 'All do the same action.' I was surprised that she engages in Popoki activities in conflict zones.

○ Popoki, What Color is Peace? I had read Professor Alexander's book, but had not realized how deep it was. Today I heard the lecture and understood the message. I am thinking about myself and why I just skimmed the book without really paying attention to the meaning. "This isn't really just a book about a cat...." I hope that we can enjoy the color as we bring our 'peace' to fruition.

○ It made me think again about peace. I am grateful that Japan is not at war now, but I think that it is a result of Article 9 which was born from the deaths of many people in war. I want to find a way to not use more than my share of resources and to help children around the world who are disadvantaged. Thank you for an important lecture.

○ Gradually I realized that Popoki was a cat, and came to understand the story. I agree that it is good if people talk about peace in a way that is easy to understand instead of using difficult words and ideas. If it is too hard to understand, I think that people, especially young people today, will not be interested. I like dogs better than cats, so as I listened, I thought it would be good if Popoki were a dog rather than a cat. I think that since Ronni Alexander has been involved in the peace movement for such a long time she was able to come up with these ideas. Thank you for an enjoyable time.

○ I had wanted to hear Professor Alexander speak for a long time, so I was happy today. Using the senses, emotions, and the entire body to think about peace, the importance of action, using one's imagination in caring for life – these are all things that are basic features of the mothers' movement. I think that the first step toward peace is eliminating social gaps and taking care of the weaker people in society.

It has been a long time since I was able to join with people I had never met before to act and think about peace, and I really enjoyed myself. Thank you very much.



What I have learned from Amazing Thailand

Masato YOSHIIWA



Now, I am in Thailand. Although almost 2 months have passed since I came here, every day I discover, and enjoy, the difference between Japan and Thailand. As you might know, it is very hot in Thailand. Not only people but also dogs, chickens, water buffalo and cats like to rest in the shade. Therefore, I often see the harmonious sight of dogs, cats and chickens, every animal in fact, having a rest in the shade under a tree or a car. Although dogs and cats do not get along with each other, they might not be able to fight under such hot circumstances. (Of course, I also saw them fight sometimes...)

Anyway, as I mentioned above, every animal that I saw in Thailand gets along with

others very well. Although hot days and hunger might make them all behave like this, I also think that we can apply the same things to humans. I mean that people are also animals so they adapt to their environment and circumstances in order to survive. So, if our environment changes, our feelings also change. In addition, not only our way of thinking but also our way of accepting something also changes. Of course, I think that the



colors of peace and friendship that Popoki tries to show to us can change, too. Although I have tried to think about what peace is and what friendship means for me since I first met Popoki, I really realized that this theme is so difficult to explain by one word and also understood the variety of what Popoki shows us through this experience in Thailand.

Photos: Houses in rural Thailand are usually high off the ground, but in towns, many houses are closed off by shutters. I got this great shot one afternoon in a town.



The people had closed the shutter early and a cat arrived too late to get in the house. The owner of the house must like cats, as there were several. You can see the others inside (if you look carefully you can see a black cat to the right of the white one). The next photo is of the cat climbing the shutter, trying to get in. It gave up and returned to its earlier position. Fortunately someone called the owner of the house, and the cat was safely brought inside.

Popoki's Easy POGA

Lesson 18

This month, we concentrate on balance. Please be sure to practice in a place where you won't get hurt if you lose your balance.

1. Begin as usual by sitting up straight and making yourself look thin.
2. Now raise your left leg and stand on one leg. Your tail should be over your head and your hands on your hips.
3. And now switch legs, raising your right leg and standing on your left one. Match your tail with your legs.
4. The last pose is a handstand! If you don't feel confident, do it on your stomach and stretch!
- . Good, you did it! It's time for the 'success pose.'



Congratulations! You have successfully completed Lesson 18. Keep the flu away by washing your hands, gargling, getting plenty of good food and rest, and practicing poga every day for at least 3 minutes. See you next month for lesson 19!



Please join us!

11.24 Po-kai Kobe YMCA 19:00-21:00 Rm.304

12.13 "Popoki, What Color is Peace?" Peace Meeting sponsored by Nishinomiya City, Nishinomiya Board of Education, Nishinomiya Anti-nuclear Council. 14:00-16:00. Nishinomiya City Hall, East Building, 8F Hall. Reservations: Tel : 0798-35-3473, hisyo-kokusai@nishi.or.jp, send names and addresses of all participants and indicate you want to participate in the peace meeting.

12.23-2010.1/4 Popoki in Palestine/Israel Part 2

2010.1.7 Set up Popoki Peace Challenge Photo Exhibit. Volunteers welcome!

2010.1.8-14 'Popoki Peace Challenge' MORIZUMI Takashi Photo Exhibit

1.8 MORIZUMI Takashi lecture, 18:30~ (In Japanese). Kobe Student Youth Center

1.9 Peace Map-making event. 13:30~ Kobe Student Youth Center. (English OK)

1.30 "Can Human Beings Make Peace?" 13:30-16:30, Osaka Sogo Shogai Gakushu Center. ¥500. Dankai Action Network, T/F : 06-6428-1402, (Imamura). <http://dankaiaction.jp> ¥500

Popoki in Print



- 'Yujotte...Kangaeru Ehon.' Asahi Shimbun 2009.7.2 AKUZAWA Etsuko
- 'Yujo wo kangaete – Ningen to, Neko to, soshite Jibun to,' RST/ALN, No.259 2009.6.28, p.11
- 'New Books: Popoki, What Color is Friendship? Popoki's Peace Book 2 ' (Rebecca Jennison) "Cutting-Edge," Vol.35 2009.6, p.3
- 'Thinking about Peace with a Cat: Second Peace Book Published.' (SAITO Masashi) Kobe Shimbun, 2009.4.21
- 'Popoki, What Color is Peace?' Kobe YMCA News, 2009.3.1. No.593. p.2
- 'Popoki, What Color is Trash?' Kobe YMCA News, 2009.1.1. No.592. p.2
- 'Tomodachi ni Natte Kuremasenkai,' RST/ALN, 2009.2.22
- Popoki on the radio. <http://www.kizzna.fm/> Click on 6CH to hear the program and reading of Popoki in Japanese
- Yasashii kara hito nann desu Exhibition Organizing Committee 'Universal Declaration of Human Rights.' Hyogo Buraku Liberation and Human Rights Institute. 2008.10. ¥500. For information contact: blrhgy@osk3.3web.jp
- "KFAW College Seminar: What Color is Peace for Women? Thinking about Peace, Violence and Gender with Popoki." Asian Breeze No.54 October 2008, p.8 (Kitakyushu Forum on Asian Women)
- "Peace Seminar in Kumamoto: What does 'peace' mean to you?" Kumamoto YMCA News 10 Vol.437 October 2008, p.1 (Japanese)
- Kobe Shimbun "Human Rights Declaration Exhibition Panels: 6 Local Hyogo Artists Illustrate all 30 Articles" 2008.10.8. p.10
- "An Interview with Dr. Ronni Alexander." The Newpeople, Pittsburgh's Peace and Justice Newspaper, Vol.38 No.9, October 2008, p.5
- "Nuclear Security is Inhuman Security – Dr. Ronni Alexander speaks about Hiroshima and Nagasaki." The Newpeople, Pittsburgh's Peace and Justice Newspaper, Vol.38 No.9, Oct. 2008, p.4
- Popoki in Pittsburgh. Check out the Remembering Hiroshima/Imagining Peace URL: <http://www.rememberinghiroshima.org/>
- Global Campaign for Peace Education News #57 August 2008 (The Global Campaign for Peace Education (GCPE) e-newsletter. Sign-up to receive the newsletter and review back issues online at www.tc.edu/PeaceEd/newsletter.)

* **Back issues of Popoki News:** http://popoki.cruisejapan.com/archives_e.html



What Popoki Means to Me

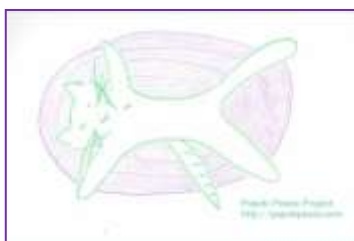
Miho FUJIMOTO



I hang out my futon on the roof on nice days. I feel very happy to sleep in the futon that has breathed in lots of the scent of the sun.

When I was child, we had a tortoise shell cat. Her name is MIKO. She loves such a futon, too. When I looked at the roof before taking the futon inside in the evening, MIKO was always sleeping on the soft futon.

One fine Sunday, I wanted to sleep beside MIKO, because I thought MIKO just seemed so comfortable sleeping there on the futon. I lay on my back on the roof in the sunshine. The blue sky and white clouds unfolded before my eyes. When I closed my eyes, I heard only the sound of the wind. I envied her a little for having such a good place all to herself.



Since that day, I have often slept with MIKO on the roof. How peaceful the time is. I think of it whenever I hang out the futon on the roof. I hope the day will come that that all people will be able to sleep in peace under the same sky.



PLEASE HELP SUPPORT THE POPOKI PEACE PROJECT!

The Popoki Peace Project is a voluntary project which uses Popoki's peace book and DVD to promote peace through various activities such as peace camps, peace workshops, seminars and other activities. *Popoki, What Color is Peace?* has been translated into Thai, Chinese, Korean, Khmer, Indonesian, Tetun and Bengali, Vietnamese, Arabic and Hebrew. Spanish, Farsi, Lao, Swahili, translations are underway. If you would like to translate Popoki, or have a way to have the book sold at your local bookstore, please let us know.

How to purchase *Popoki, What Color is Peace? Popoki's Peace Book 1* from outside of Japan



1. Go to your local Japanese bookstore: Kinokuniya, Maruzen, etc. (or their website)
2. In the US, thanks to a very satisfied customer, *Popoki, What Color is Peace? Popoki's Peace Book 1* can be ordered from Kinokuniya Bookstore in Los Angeles. The bookstore is at www.los_angeles@kinokuniya.com and the telephone number is 213.687.4480. The price is US\$20.00 plus tax. It is also available at Joseph-Beth Booksellers, Pittsburgh, PA.

***Popoki, What Color is Friendship? Popoki's Peace Book 2* is not yet available at these bookstores.**

Some ways to purchase *Popoki, What Color is Peace? Popoki's Peace Book 1* and *Popoki, What Color is Friendship? Popoki's Peace Book 2* from inside Japan

From the publisher, Epic: TEL: 078-241-7561 · FAX: 078-241-1918

From Amazon.co.jp or your local bookseller

From the Popoki Peace Project ([popokipeace\(at\)gmail\(dot\)com](mailto:popokipeace(at)gmail(dot)com))



Contributions are always welcome!

Popoki Peace Project popokipeace-at-gmail.com

<http://popoki.cruisejapan.com>

From within Japan, please use our Postal account or Postal bank account:

Account Name ポーポキ・ピース・プロジェクト神戸

Postal Account number: 00920-4-28035

Postal Bank (Yucho Ginko) account number: Branch No.:099; Branch name: 009 店、special account(当座) 0280350

Thank you!



THANK YOU FROM
POPOKI!

