

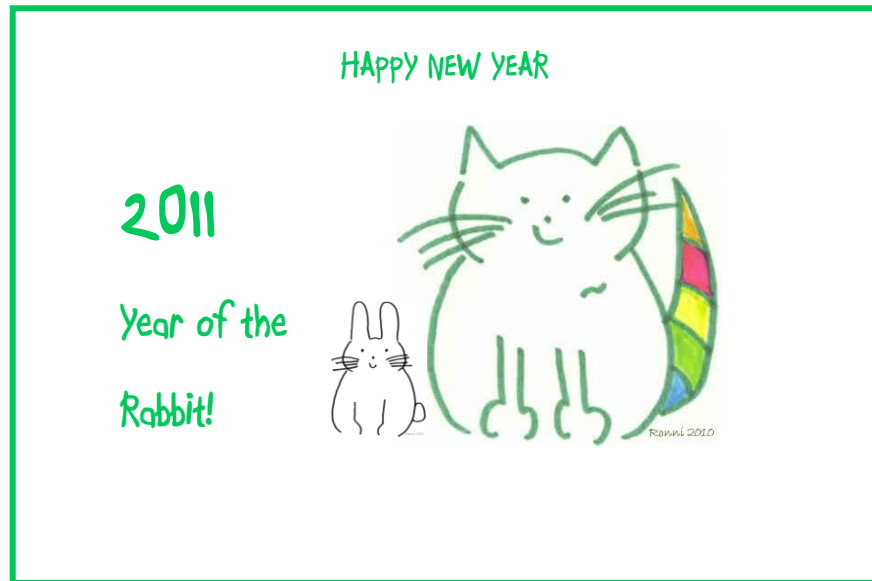


Newsletter No.65- 2011.1.24

popokipeace@gmail.com

http://popoki.cruisejapan.com/index_e.html

<http://popoki.cruisejapan.com>



This year's key word is "curiosity!"

Popoki's Resolutions for 2011!

1. Make more new friends through use and sales of *Popoki, What Color is Peace?* *Popoki's Peace Book 1* and *Popoki, What Color is Friendship?* *Popoki's Peace Book 2!*
2. Be curious and learn with and from our friends!
3. Be certain that our workshops and other activities in and outside of Japan encourage others to express their curiosity!
4. Find new ways to use Popoki's materials and to expand Popoki's circle of friends!
5. Be aware and interested in situations around us (such as Hansen's Disease); share and follow up on our travel and other experiences!
6. Bring a little bit of joy into the lives of those around us and share our joy.

We hope you will join us this year too for more Popoki Peace Project activities.
Thank you for being our friend!

Popoki's Hot News!

Thanks to everyone's support,
the Popoki Peace Project is celebrating its Fifth Anniversary!
We hope you continue to be our friend!



Coming up soon!

Popoki had a chance to learn about Hansen's disease and also about the "comfort women" in Miyakojima. We want to share what we learned so we have planned a special Po-kai program on International Hansen's Disease Day. 'Thinking about Hansen's Disease with Popoki - Let's All Learn Together' 2011.1.31 19:00~20:30 Kobe YMCA Rm.306 Hope to see you there!



Please contribute a bit of peace!

What sort of 'peace' did you encounter today?

Please let us know by sending a message to Popoki's e-mail:
popokipeace@gmail.com

One of Popoki's friends, Nobuko-san, sent this message:

"At the end of the day, Popoki's smiling face arrived and made me feel much better. I realized the happiness in just finishing 17 January uneventfully."
(17 January is the anniversary of the Great Hanshin-Awaji Earthquake).



*We received many heartfelt responses to Popoki's 1.17 Message. Thank you! For those who haven't yet read it, please refer to page 5 of this Popoki News.

http://popoki.cruisejapan.com/index_e.html
[popokipeace \(at\) gmail \(dot\) com](mailto:popokipeace@gmail.com)

Letter of Thanks



Recently, Popoki and Ronni received a letter and certificate of thanks from the Anzai family!

“At the beginning of 2011, we received a postcard. The Anzai family took the liberty of choosing this one from among the many letters we received at the beginning of the year! We offer our sincere thanks!”

Anzai family, thank you!!!



Popoki Peace Project 2010

Looking back on last year.... Do you remember these events?



If you don't, please have a look at the back numbers of Popoki News. You can find them in the Archives at:

<http://popoki.cruisejapan.com>





2011.1.17 KOBE

あの日から **16** 年。

It has been 16 years since that day.



今年もポーポキは泣く。

Popoki cries this year, too.

恐怖を思い出して、泣く。

He remembers the fear, and cries.

悲しみを思い出して、泣く。

He remembers the sadness, and cries.

無力感を思い出して、泣く

He remembers the feeling of helplessness, and cries.



今年もポーポキは微笑む。

Popoki smiles this year, too.

人の親切さを思い出して、微笑む。

He remembers people's kindness, and smiles.

生きる喜びを学んだ自分を思い出して、微笑む。

He remembers he has learned to love living, and smiles.

自分にもできることがあると自覚し、微笑む。

He realizes there is something he can do, and smiles.



ポーポキの涙も笑顔も送ります。

We are sending you Popoki's tears and his smile.

世界をやさしく見守りながら、一緒に泣く。そして、笑う。

While we look caringly on the world, let's cry...and laugh...together.

ポーポキ・ピース・プロジェクト

Popoki Peace Project

2011.1.17

Popoki's Easy Poga

Lesson 32

It is time to relax with some poga. We hope it makes you feel strong and good!



1. As always, sit up straight making yourself look thin.
 2. Now sit with your right leg stretched out and your left knee bent. Keeping your leg and back straight, raise your right leg.
 3. Now try the other side....
 4. OK, breathe deeply in...and out... and try raising both legs....
 5. Did it? Good for you! Time for the "I did it!" pose!
- Congratulations! You have successfully completed Lesson 32. Do you feel refreshed? Please remember to relax, breathe, laugh and practice for 3 minutes every day.



Please join us!

Next Po-kai: 2011.1.31 Special Pokai! International Hansen's Disease Day
Program: 'Thinking about Hansen's Disease with Popoki - Let's All Learn Together'
19:00~20:30 Kobe YMCA Rm.306 **Admission free**

2.17 Special Popoki Poster Session at International Studies Conference, Montreal, Canada

2.26-27 Popoki at Central Japan District YMCA Global Education Workshop.
(in Japanese). Rokkosan YMCA.

March- Peace map program practice and preparation

April/May Peace map program

August Popoki's participation is not confirmed but the International Institute for Peace Education (IIPE) will be held in Saitama. For more info see: www.i-i-p-e.org



Popoki in Print

- 省窓: Column in *Kobe YMCA News*, No.606, 2011.1, p.1 (In Japanese)
- “What is Behind ‘Popoki, What Color is Peace?’ 1st in a series in “Tosabori Life” No.19 2010.10:4 (In Japanese)
- HORIKOSHI Takeshi. “Kokusai no mado” (article about Palestine) *Kobe YMCA News* No.604 2010.9-10, p.3
- “If we all participate, something will change! Reflecting on Palestine” *THE YMCA* No.607 June 2010, p.1 (YMCA Japan Monthly Newspaper)
- Hiroshima and the World: What Color is Hiroshima? Chugoku Shimbun Peace Media Center, http://www.hiroshimapeacemedia.jp/mediacenter/article.php?story=20100312140608602_en 2010.3.15
- FM COCOLO 76.5 ‘Heart Lines’ 2010.1.9 Japanese Interview: Ronni on Popoki in Palestine
- “Human Rights, Popoki and Bare Life.” *In Factis Pax Journal of Peace Education and Social Justice* Vol.3, No.1, 2009, pp.46-63 (<http://www.infactispax.org/journal/>)
- Nishide, Ikuyo. “Popoki, What Color is Peace? Lecture by Ronni Alexander.” “PPSEAWA” (Pan-Pacific and south-East Asia Women’s Association of Japan), No.63, 2009.12, p.5
- ‘Friendship’ No.2 2009.11 Itami City International/Peace Exchange Commission, Annual Events, p.1-2.
- ‘Not for But With...’ No.79, 2010.1 Notice of the Popoki Peace Challenge event. P.12
- ‘Nada’ notice of the Popoki Peace Challenge event, 2009.12, p.2
- ‘Yujotte...Kangaeru Ehon.’ Asahi Shimbun 2009.7.2 AKUZAWA Etsuko
- ‘Yujo wo kangaete – Ningen to, Neko to, soshite Jibun to,’ *RST/ALN*, No.259 2009.6.28, p.11
- ‘New Books: *Popoki, What Color is Friendship? Popoki’s Peace Book 2*’ (Rebecca Jennison) “Cutting-Edge,” Vol.35 2009.6, p.3
- ‘Thinking about Peace with a Cat: Second Peace Book Published.’ (SAITO Masashi) *Kobe Shimbun*, 2009.4.21
- ‘Popoki, What Color is Peace?’ *Kobe YMCA News*, 2009.3.1. No.593. p.2
- ‘Popoki, What Color is Trash?’ *Kobe YMCA News*, 2009.1.1. No.592. p.2
- ‘Tomodachi ni Natte Kuremasenkai,’ *RST/ALN*, 2009.2.22
- Popoki on the radio. <http://www.kizzna.fm/> Click on 6CH to hear the program and reading of Popoki in Japanese
- *Yasashii kara hito nann desu* Exhibition Organizing Committee ‘Universal Declaration of Human Rights.’ Hyogo Buraku Liberation and Human Rights Institute. 2008.10. ¥500. For information contact: blrhyg@osk3.3web.jp
- “KFAW College Seminar: What Color is Peace for Women? Thinking about Peace, Violence and Gender with Popoki.” *Asian Breeze* No.54 October 2008, p.8 (Kitakyushu Forum on Asian Women)
- *Kobe Shimbun* “Human Rights Declaration Exhibition Panels: 6 Local Hyogo Artists Illustrate all 30 Articles” 2008.10.8. p.10
- “An Interview with Dr. Ronni Alexander.” *The Newpeople*, Pittsburgh’s Peace and Justice Newspaper, Vol.38 No.9, October 2008, p.5
- “Nuclear Security is Inhuman Security – Dr. Ronni Alexander speaks about Hiroshima and Nagasaki.” *The Newpeople*, Pittsburgh’s Peace and Justice Newspaper, Vol.38 No.9, Oct. 2008, p.4
- Popoki in Pittsburgh. Check out the Remembering Hiroshima/Imagining Peace URL: <http://www.rememberinghiroshima.org/>
- Global Campaign for Peace Education News #57 August 2008 (The Global Campaign for Peace Education (GCPE) e-newsletter. Sign-up to receive the newsletter and review back issues online at www.tc.edu/PeaceEd/newsletter.)



* Back issues of Popoki News: http://popoki.cruisejapan.com/archives_e.html



What Popoki Means to Me

Marie Tada



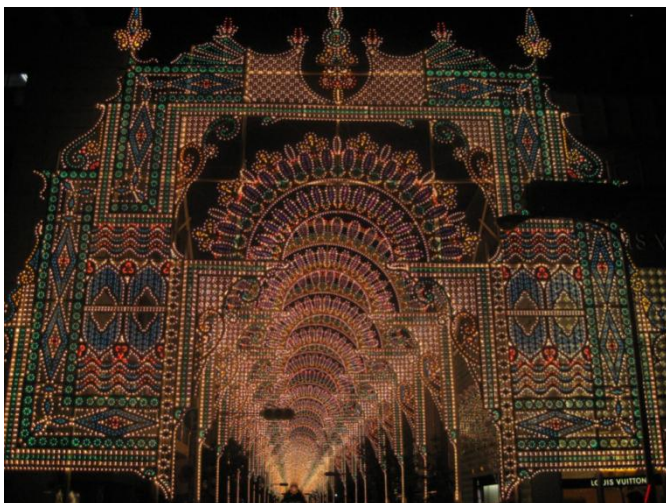
To me, Popoki means connecting with people. After I came to graduate school, my life turned into one big rush. In my studies, I have met many professors. I have been able to look through my professors' lenses, looking from the front, or sometimes from various angles. Every day as I sit in the library, I am surprised how deep studying is when I discover things which I had not known before. More than anything else, I have made many friends and we often keep talking, even not realizing that the sun has gone down.

In addition to my studies, I was a volunteer at AMDA and have started participating in the Popoki Peace Project. Many people are around me these days. Or am I trying to go the places where many people gather together?

When I was on my internship at AMDA's office, someone told me, "People feel safe when they feel connected with someone."

It is been 16 years since Kobe had the big earthquake. I was 7 years old, but I can still imagine clearly how frightening the earthquake was. There were some who became victims in Suma where I am living. When I studied about the Great Hanshin-Awaji Earthquake in school, we had some students who started crying because they had lost close relatives or friends. However those people say, "When I think I connect with someone, I feel very relieved." When the great earthquake hit Kobe, I went to grade school to get some water. I still remember I felt relief when I saw a man who was living in my neighborhood or friend's mother.

Not only in hard times such as the Great Hanshin-Awaji Earthquake but also in our everyday life, feeling connected with someone may make you strong. I would like to continue to live in this way. This feeling may have got me to meet Popoki. Or I may have already met Popoki before.



PLEASE HELP SUPPORT THE POPOKI PEACE PROJECT!

The Popoki Peace Project is a voluntary project which uses Popoki's peace book and DVD to promote peace through various activities such as peace camps, peace workshops, seminars and other activities. *Popoki, What Color is Peace?* has been translated into Thai, Chinese, Korean, Khmer, Indonesian, Tetun and Bengali, Vietnamese, Arabic and Hebrew. Spanish, Farsi, Lao, Swahili, translations are underway. If you would like to translate Popoki, or have a way to have the book sold at your local bookstore, please let us know.

How to purchase *Popoki, What Color is Peace? Popoki's Peace Book 1* from outside of Japan



1. Go to your local Japanese bookstore: Kinokuniya, Maruzen, etc. (or their website)

2. In the US, thanks to a very satisfied customer, *Popoki, What Color is Peace? Popoki's Peace Book 1* can be ordered from Kinokuniya Bookstore in Los Angeles. The bookstore is

at www.los_angeles@kinokuniya.com and the telephone number is 213.687.4480. The price is US\$20.00 plus tax. It is also available at Joseph-Beth Booksellers, Pittsburgh, PA.

***Popoki, What Color is Friendship? Popoki's Peace Book 2* is not yet available at these bookstores.**

Some ways to purchase *Popoki, What Color is Peace? Popoki's Peace Book 1* and *Popoki, What Color is Friendship? Popoki's Peace Book 2* from inside Japan

From the publisher, Epic: TEL: 078-241-7561・FAX: 078-241-1918

From Amazon.co.jp or your local bookseller

From the Popoki Peace Project ([popokipeace\(at\)gmail\(dot\)com](mailto:popokipeace(at)gmail(dot)com))

Contributions are always welcome!

Popoki Peace Project popokipeace-at-gmail.com

<http://popoki.cruisejapan.com>



From within Japan, please use our Postal account or Postal bank account:

Account Name ポーポキ・ピース・プロジェクト神戸

Postal Account number: 00920-4-28035

Postal Bank (Yuucho Ginko) account number: Branch No.:099; Branch name: 009 店、special account(当座) 0280350

THANK YOU FROM
POPOKI!



Thank you!

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