



We had a cold winter, but plum blossoms are beginning to decorate the trees! It is getting to be time to crawl out of our warm holes and begin to discover spring around us!

Popoki's Hot News!

Happy 5th birthday to the Popoki Peace Project.

Ronni began writing *Popoki, What Color is Peace* in February of 2005, and began the Popoki Peace Project in January of 2006. Please help us celebrate and make this year the best year yet for the Popoki Peace Project.



Please contribute a bit of peace!

What sort of 'peace' did you encounter today? Please let us know by sending a message to Popoki's e-mail: popokipeace@gmail.com

One of Popoki's friends, Tsunaki-san, sent this message: "I have a house and family to come home to, and spend my time in an environment I like and in which I can challenge myself. I'm always grateful for this favorite environment. 'I think this is my peace.'"

Popoki's friend has published a new book in Japanese! Please have a look.

ICHIDA Mari. *poketto no naka no heiwa*. (peace in my pocket) Heiwa Bunka, 2010. ¥1200

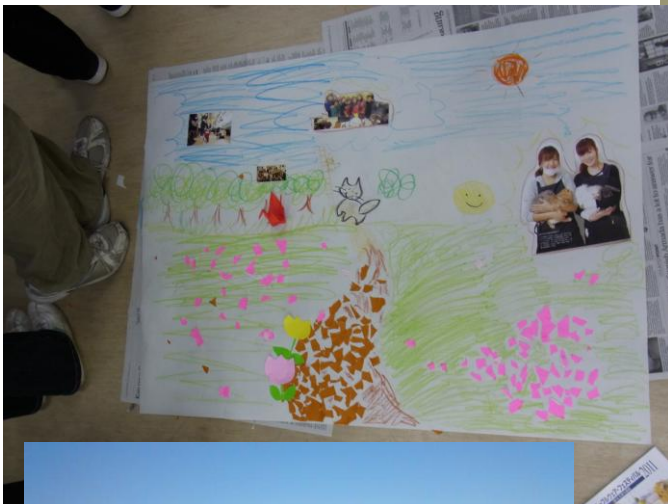
Popoki at English Communication Project (ECP) Camp!



Popoki and Ronni spent 27 and 28 December at a YMCA English Communication Project camp for junior and senior high school students. It was held at Tozanso, a YMCA center near Mount Fuji. The goals of the camp program are: (1) To foster understanding of others and a desire to live together; (2) To learn about the global issues that are relevant to us here in Japan, and to learn the importance of having and voicing one's

own opinions; (3) To be aware of problems occurring in other countries and engage in training for active learning and understanding; and (4) To work to gain fluency in English in order to be able to use English more effectively as a tool for communication.

The students were enthusiastic, fun, and Popoki and Ronni were surprised at the excellence of their English. Both Popoki and Ronni made lots of new friends.



Photos: (Kayo Usui; Mt. Fuji; Ronni)

Study Meeting about Hansen's Disease

Kotaro Hirayama

We held the workshop on Hansen's disease on January 31st. It was a valuable chance for me to study about Hansen's disease.



The workshop started from the introduction, and the reading from Satoko-san. Afterwards, it moved to basic knowledge of Hansen's disease by Tada-san, the report of Miyakojima, and the report of various places.

In the reading, Satoko-san showed two stories from the book, which Prof. Alexander and Satoko-san got in Miyakojima. "Misery" that cannot

be expressed in words was transmitted there.

Tada-san reported the basic knowledge of Hansen's disease and the problems that happened in Japan. After that, there were some reports about the situation and history in



Japan and around the world. I was really surprised that I did not know about it at all.

I studied the situation and history in my hometown, Okayama before this workshop. There are a lot of things I do not know, so I was really surprised. I didn't know about Hansen's disease itself, the problems that happened in Japan or the world, and the existence of the people who

resisted the problem until I studied them.

The end of this workshop, we asked the participants what the color of Hansen's disease is. Before the workshop, I imagined it was 'black'. However, after studying it, it changed 'gray'. I think that there is no correct answer. It can change the color into the various colors depending on us. I felt that we have to know it more deeply. What do you think about Hansen's disease? We would like to discuss it.

I really thank you for your participation and presentations.

Popoki's Easy Poga

Lesson 33

It is time to relax with some poga. This month's poga concentrates on our legs. Ronni hopes you can understand the drawings! We hope it makes you feel strong and good!



1. As always, begin with sitting up straight and making yourself look thin.
 2. Lie on your stomach with your legs straight. Now bend your left knee and reach back with your arms, holding your ankle. Feel the stretch...!
 3. Now try the other side....
 4. OK, it is time for both legs at once!
 5. Did it? Good for you! Time for the "I did it!" pose!
- Congratulations! You have successfully completed Lesson 33. Do you feel refreshed? Please remember to relax, breathe, laugh and practice for 3 minutes every day.



Please join us!

Next Po-kai: 2011.2.28 Kobe YMCA 19:00~ Room 306 All welcome!
2.26-27 Popoki at Central Japan District YMCA Global Education Workshop.
(in Japanese). Rokkusan YMCA.
3.12 Mini workshop at the Pittsburgh Children's Museum, Pittsburgh, PA, USA
3.17 Special Popoki Poster Session at International Studies Conference,
Montreal, Canada
March- Peace map program practice and preparation
April/May Peace map program
May/June Kodomo no sato program for children
August Popoki's participation is not confirmed but the International Institute for
Peace Education (IIPE) will be held in Saitama. For more info see: www.i-i-p-e.org



Popoki in Print

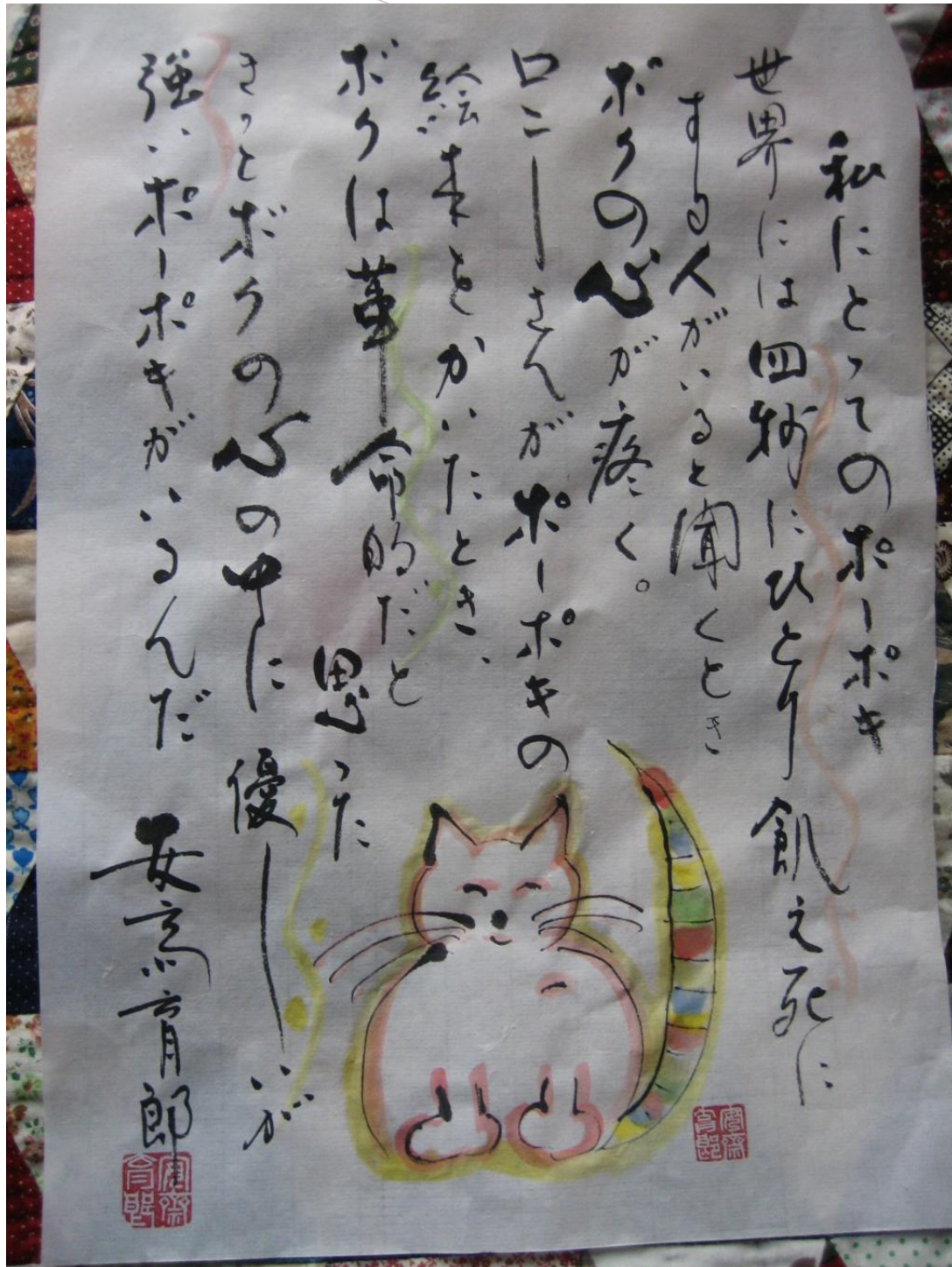
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- 省窓: Column in *Kobe YMCA News*, No.606, 2011.1, p.1 (In Japanese)
- "What is Behind 'Popoki, What Color is Peace?'" 1st in a series in "Tosabori Life" No.19 2010.10:4 (In Japanese)
- HORIKOSHI Takeshi. "Kokusai no mado" (article about Palestine) *Kobe YMCA News* No.604 2010.9-10, p.3
- "If we all participate, something will change! Reflecting on Palestine" *THE YMCA* No.607 June 2010, p.1 (YMCA Japan Monthly Newspaper)
- Hiroshima and the World: What Color is Hiroshima? Chugoku Shimbun Peace Media Center, http://www.hiroshimapeacemedia.jp/mediacenter/article.php?story=20100312140608602_en 2010.3.15
- FM COCOLO 76.5 'Heart Lines' 2010.1.9 Japanese Interview: Ronni on Popoki in Palestine
- "Human Rights, Popoki and Bare Life." *In Factis Pax Journal of Peace Education and Social Justice* Vol.3, No.1, 2009, pp.46-63 (<http://www.infactispax.org/journal/>)
- Nishide, Ikuyo. "Popoki, What Color is Peace? Lecture by Ronni Alexander." "PPSEAWA" (Pan-Pacific and south-East Asia Women's Association of Japan), No.63, 2009.12, p.5
- 'Friendship' No.2 2009.11 Itami City International/Peace Exchange Commission, Annual Events, p.1-2.
- 'Not for But With...' No.79, 2010.1 Notice of the Popoki Peace Challenge event. P.12
- 'Nada' notice of the Popoki Peace Challenge event, 2009.12, p.2
- 'Yujotte...Kangaeru Ehon.' Asahi Shimbun 2009.7.2 AKUZAWA Etsuko
- 'Yujo wo kangaete – Ningen to, Neko to, soshite Jibun to,' *RST/ALN*, No.259 2009.6.28, p.11
- 'New Books: *Popoki, What Color is Friendship? Popoki's Peace Book 2*' (Rebecca Jennison) "Cutting-Edge," Vol.35 2009.6, p.3
- 'Thinking about Peace with a Cat: Second Peace Book Published.' (SAITO Masashi) *Kobe Shimbun*, 2009.4.21
- 'Popoki, What Color is Peace?' *Kobe YMCA News*, 2009.3.1. No.593. p.2
- 'Popoki, What Color is Trash?' *Kobe YMCA News*, 2009.1.1. No.592. p.2
- 'Tomodachi ni Natte Kuremasenkai,' *RST/ALN*, 2009.2.22
- Popoki on the radio. <http://www.kizzna.fm/> Click on 6CH to hear the program and reading of Popoki in Japanese
- *Yasashii kara hito nann desu* Exhibition Organizing Committee 'Universal Declaration of Human Rights.' Hyogo Buraku Liberation and Human Rights Institute. 2008.10. ¥500. For information contact: blrhyg@osk3.3web.jp
- "KFAW College Seminar: What Color is Peace for Women? Thinking about Peace, Violence and Gender with Popoki." *Asian Breeze* No.54 October 2008, p.8 (Kitakyushu Forum on Asian Women)
- *Kobe Shimbun* "Human Rights Declaration Exhibition Panels: 6 Local Hyogo Artists Illustrate all 30 Articles" 2008.10.8. p.10
- "An Interview with Dr. Ronni Alexander." *The Newpeople*, Pittsburgh's Peace and Justice Newspaper, Vol.38 No.9, October 2008, p.5
- "Nuclear Security is Inhuman Security – Dr. Ronni Alexander speaks about Hiroshima and Nagasaki." *The Newpeople*, Pittsburgh's Peace and Justice Newspaper, Vol.38 No.9, Oct. 2008, p.4
- Popoki in Pittsburgh. Check out the Remembering Hiroshima/Imagining Peace URL: <http://www.rememberinghiroshima.org/>
- Global Campaign for Peace Education News #57 August 2008 (The Global Campaign for Peace Education (GCPE) e-newsletter. Sign-up to receive the newsletter and review back issues online at www.tc.edu/PeaceEd/newsletter.)



* Back issues of Popoki News: http://popoki.cruisejapan.com/archives_e.html



What Popoki Means to Me



Prof. Ikuro Anzai has been supporting us since before Popoki's first book was published. On the 5th anniversary of the Project, he sent this message, which translates roughly as follows: Every four seconds, somebody in the world dies of hunger. When I hear this, I feel pain. When Ronni first wrote her picture book, I thought it was revolutionary. I must have a gentle, but strong, Popoki in my heart.

** From April 2011, Prof. Anzai will be opening the 'Anzai Science & Peace Office' (abbreviation: as soon as possible) in Kyoto in order to engage freely in science education and peace-making activities. And of course having fun with Popoki. Please give him your support!*

http://popoki.cruisejapan.com/index_e.html
[popokipeace \(at\) gmail \(dot\) com](mailto:popokipeace@gmail.com)

PLEASE HELP SUPPORT THE POPOKI PEACE PROJECT!

The Popoki Peace Project is a voluntary project which uses Popoki's peace book and DVD to promote peace through various activities such as peace camps, peace workshops, seminars and other activities. *Popoki, What Color is Peace?* has been translated into Thai, Chinese, Korean, Khmer, Indonesian, Tetun and Bengali, Vietnamese, Arabic and Hebrew. Spanish, Farsi, Lao, Swahili, translations are underway. If you would like to translate Popoki, or have a way to have the book sold at your local bookstore, please let us know.

How to purchase *Popoki, What Color is Peace? Popoki's Peace Book 1* from outside of Japan



1. Go to your local Japanese bookstore: Kinokuniya, Maruzen, etc. (or their website)
2. In the US, thanks to a very satisfied customer, *Popoki, What Color is Peace? Popoki's Peace Book 1* can be ordered from Kinokuniya Bookstore in Los Angeles. The bookstore is at www.los_angeles@kinokuniya.com and the telephone number is 213.687.4480. The price is US\$20.00 plus tax. It is also available at Joseph-Beth Booksellers, Pittsburgh, PA.

***Popoki, What Color is Friendship? Popoki's Peace Book 2* is not yet available at these bookstores.**

Some ways to purchase *Popoki, What Color is Peace? Popoki's Peace Book 1* and *Popoki, What Color is Friendship? Popoki's Peace Book 2* from inside Japan

From the publisher, Epic: TEL: 078-241-7561・FAX: 078-241-1918

From Amazon.co.jp or your local bookseller

From the Popoki Peace Project ([popokipeace\(at\)gmail\(dot\)com](mailto:popokipeace(at)gmail(dot)com))

Contributions are always welcome!

Popoki Peace Project popokipeace-at-gmail.com

<http://popoki.cruisejapan.com>



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THANK YOU FROM
POPOKI!



Thank you!

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[popokipeace \(at\) gmail \(dot\) com](mailto:popokipeace(at)gmail(dot)com)