

Popoki



Newsletter No.67 2011.3.29

popokipeace@gmail.com

http://popoki.cruisejapan.com/index_e.html

<http://popoki.cruisejapan.com>



To all those in the earthquake, tsunami and nuclear accident areas,

Please accept our condolences. In addition to the unbelievable natural disaster, this has been an unforgivable human disaster. We are thinking about what we can do to help, and will put it into action.



友だちになろう！
Let's be friends!

We pray that your lives will soon become stable and peaceful.



From Popoki, What Color is Peace? Popoki's Peace Book 1

http://popoki.cruisejapan.com/index_e.html

[popokipeace \(at\) gmail \(dot\) com](mailto:popokipeace(at)gmail(dot)com)

Messages for Popoki's friends in Northeastern Japan



From Satoko

I am a member of AMDA (a group that does urgent medical support etc.). I have done the support services such as medical treatments and goods in Iwate Prefecture Kamaishi City and the Otsuchi-cho. (For one week from March 17 to the 23rd). I will give a detailed report at the next Po-kai.

From Ronni



I attended a conference in Montreal. Members of the Feminist Theory and Gender Studies Section contributed about \$1400 in US and Canadian dollars. It will be

sent by the Kobe YMCA for use by YMCAs in the affected areas. I am grateful for both the money and the caring!



(Above) Some of the money collected.
(Right) Popokis drawn by Ronni and Aleks on the collection box.

I also read Popoki at the Children's Museum in Pittsburgh. Afterwards, the children made messages for children in the affected areas. We will send them to children through the YMCA. We also plan to continue to work with the Pittsburgh Children's Museum.

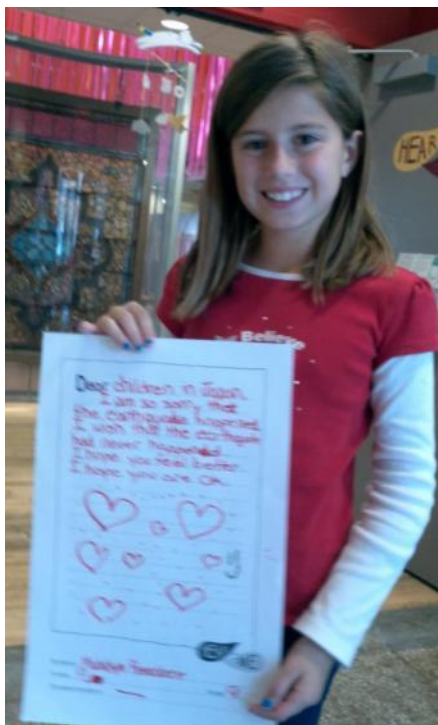


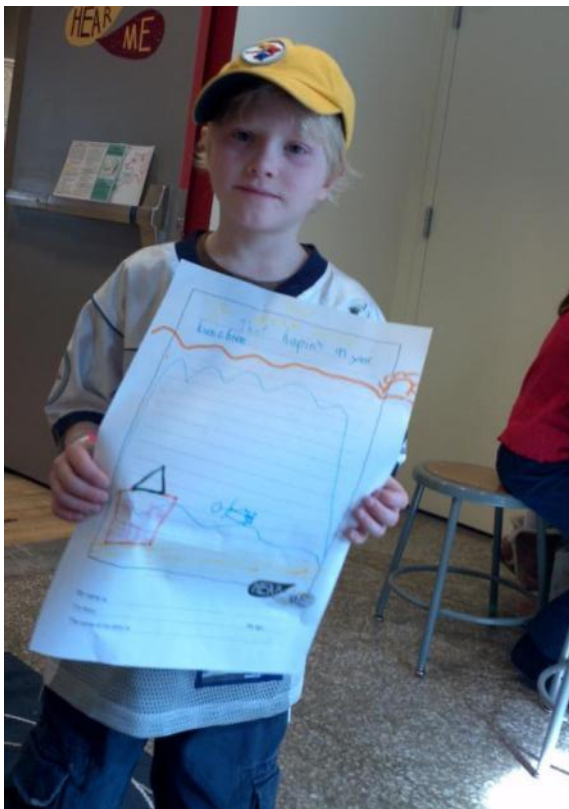
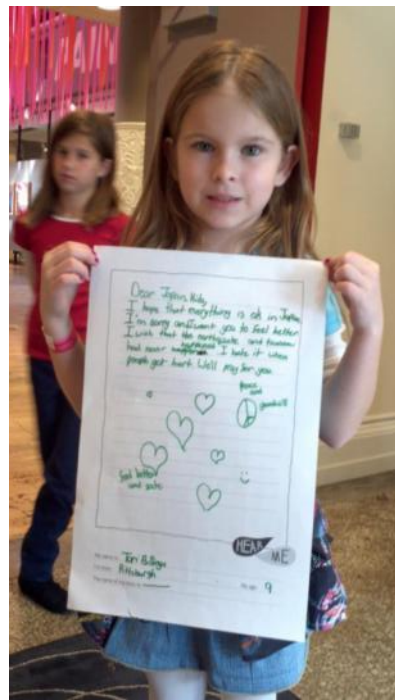
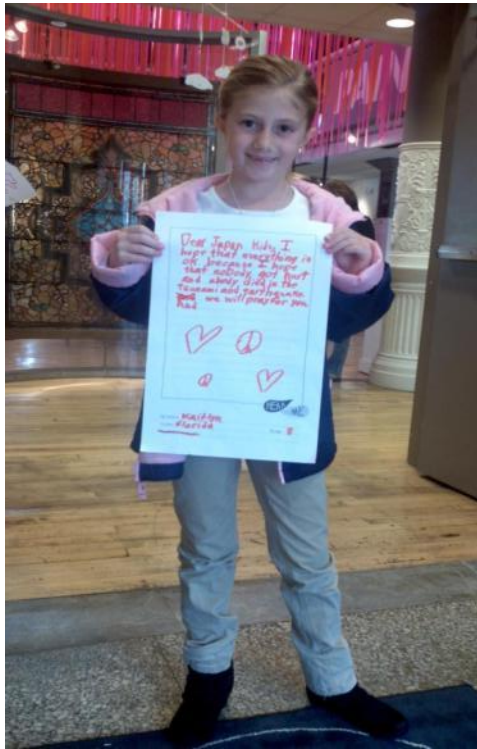
(Left) Ryan (age 5) "I didn't know"
The picture shows drowning people being rescued with a boat and long snorkel. Ryan says he didn't know, but I think he must have listened to what I said and realized it was referring to the images he had been seeing on TV.

(Right) Tori (age 9). "Dear Japanese kids, I hope that everything is OK in Japan. I'm sorry and I want you to feel better. I wish that the earthquake had never happened. I hate it when people get hurt. We'll pray for you."



Making Messages for Popoki's Friends in Northeastern Japan





Popoki's Hot News!



Pieces of Peace

One of Popoki's friends, Satoko-san, sent this piece of peace:
"Peace is the joy of waking up in the morning and finding that everything is unchanged."

Please contribute a bit of peace!

What sort of 'peace' did you encounter today? Please let us know by sending a message to Popoki's e-mail: popokipeace@gmail.com



Popoki makes an appearance at the International Studies Association (ISA) Conference ! ! !

2011.3.17
The ISA
conference

was held in Montreal, and a poster session featured Popoki with an introduction to the Peace Project activities, methodology and theory. Many people stopped by and expressed their interest. Popoki gained lots of new friends. (Ronni)



I applied for a grant for a "Regional alliances project" in Port Island. The theme is peace and health, and I hope we can make peace maps and have readings of Popoki's books. Thank you for your cooperation! (Satoko)



I have begun working on *Popoki, What Color is Genki? Popoki's Peace Book 3*. I hope to publish it this year and am looking forward to working on it together. (Ronni)

Questions from one of Popoki's friends



Popoki has a new friend. His name is Ido, and he has made a Hebrew translation of *Popoki, What Color is Friendship? Popoki's Peace Book 2*.

Ido sent the following e-mail.

"The main question POPOKI does not ask (and that is why I ask it for him...[?]) is:

1. What would you suggest POPOKI to do when he meets in the Park the most cruel Dog in the neighborhood that wants to tear him apart?
2. Does Friendship mean that you should give away your lovely other friends and find another park?
3. Is deterrence necessary for peace?
4. Is friendship always necessary for peace?"



To all my friends making a new start in April

Take a look inside my treasure chest

**If you find something you need, please help
yourself!**



Popoki's Easy Poga

Lesson 34

This month's theme is deep breathing and relaxation. We hope it makes you feel better!



1. As always, begin with sitting up straight and making yourself look thin.
 2. Next, stand and stretch way up, taking a deep breath through your nose!
 3. Now exhale and relax....
 4. This time, open your arms to the sides and breathe deeply in...and out....
 5. Did it? Good for you! Time for the "I did it!" pose!
- Congratulations! You have successfully completed Lesson 34. Do you feel refreshed? Please remember to relax, breathe, laugh and practice for 3 minutes every day.



Please join us!

Next Po-kai: 2011.4.16 Strawberry Picking and Po-kai! Meet at 12:30 on the mountain side of JR Sannomiya Station (Please reserve a space by 10 April)!

5 June Nada Challenge Festival. Popoki will have a booth and mini stage performance. If you want to be staff, let us know

11 June Kodomo no sato program for children

24 July Tosabori YMCA Summer Seminar 2011

August Popoki's participation is not confirmed but the International Institute for Peace Education (IIPE) will be held in Saitama. For more info see: www.i-i-p-e.org

September Popoki in Guam!?!

October/November Peace & Health map practice and program in Port Island

Summer/Autumn Popoki program in Northeastern Japan region earthquake area

Popoki in Print

- R. Alexander. (2010) "The Popoki Peace Project: Creating New Spaces for Peace in Demenchonok, E., ed. *Philosophy after Hiroshima*. Cambridge Scholars Publishing, pp.399-418
- 省窓: Column in *Kobe YMCA News*, No.606, 2011.1, p.1 (In Japanese)
- "What is Behind 'Popoki, What Color is Peace?' 1st in a series in "Tosabori Life" No.19 2010.10:4 (In Japanese)
- HORIKOSHI Takeshi. "Kokusai no mado" (article about Palestine) *Kobe YMCA News* No.604 2010.9-10, p.3
- "If we all participate, something will change! Reflecting on Palestine" *THE YMCA* No.607 June 2010, p.1 (YMCA Japan Monthly Newspaper)
- Hiroshima and the World: What Color is Hiroshima? Chugoku Shimbun Peace Media Center, http://www.hiroshimapeacemedia.jp/mediacenter/article.php?story=20100312140608602_en 2010.3.15
- FM COCOLO 76.5 'Heart Lines' 2010.1.9 Japanese Interview: Ronni on Popoki in Palestine
- "Human Rights, Popoki and Bare Life." *In Factis Pax Journal of Peace Education and Social Justice* Vol.3, No.1, 2009, pp.46-63 (<http://www.infactispax.org/journal/>)
- Nishide, Ikuyo. "Popoki, What Color is Peace? Lecture by Ronni Alexander." "PPSEAWA" (Pan-Pacific and south-East Asia Women's Association of Japan), No.63, 2009.12, p.5
- 'Friendship' No.2 2009.11 Itami City International/Peace Exchange Commission, Annual Events, p.1-2.
- 'Not for But With...' No.79, 2010.1 Notice of the Popoki Peace Challenge event. P.12
- 'Nada' notice of the Popoki Peace Challenge event, 2009.12, p.2
- 'Yujotte...Kangaeru Ehon.' Asahi Shimbun 2009.7.2 AKUZAWA Etsuko
- 'Yujo wo kangaete – Ningen to, Neko to, soshite Jibun to,' *RST/ALN*, No.259 2009.6.28, p.11
- 'New Books: *Popoki, What Color is Friendship? Popoki's Peace Book 2* ' (Rebecca Jennison) "Cutting-Edge," Vol.35 2009.6, p.3
- 'Thinking about Peace with a Cat: Second Peace Book Published.' (SAITO Masashi) *Kobe Shimbun*, 2009.4.21
- 'Popoki, What Color is Peace?' *Kobe YMCA News*, 2009.3.1. No.593. p.2
- 'Popoki, What Color is Trash?' *Kobe YMCA News*, 2009.1.1. No.592. p.2
- 'Tomodachi ni Natte Kuremasenkai,' *RST/ALN*, 2009.2.22
- Popoki on the radio. <http://www.kizzna.fm/> Click on 6CH to hear the program and reading of Popoki in Japanese
- *Yasashii kara hito nann desu* Exhibition Organizing Committee 'Universal Declaration of Human Rights.' Hyogo Buraku Liberation and Human Rights Institute. 2008.10. ¥500. For information contact: blrhyg@osk3.3web.jp
- "KFAW College Seminar: What Color is Peace for Women? Thinking about Peace, Violence and Gender with Popoki." *Asian Breeze* No.54 October 2008, p.8 (Kitakyushu Forum on Asian Women)
- *Kobe Shimbun* "Human Rights Declaration Exhibition Panels: 6 Local Hyogo Artists Illustrate all 30 Articles" 2008.10.8. p.10
- "An Interview with Dr. Ronni Alexander." *The Newpeople*, Pittsburgh's Peace and Justice Newspaper, Vol.38 No.9, October 2008, p.5
- "Nuclear Security is Inhuman Security – Dr. Ronni Alexander speaks about Hiroshima and Nagasaki." *The Newpeople*, Pittsburgh's Peace and Justice Newspaper, Vol.38 No.9, Oct. 2008, p.4
- Popoki in Pittsburgh. Check out the Remembering Hiroshima/Imagining Peace URL: <http://www.rememberinghiroshima.org/>
- Global Campaign for Peace Education News #57 August 2008 (The Global Campaign for Peace Education (GCPE) e-newsletter. Sign-up to receive the newsletter and review back issues online at www.tc.edu/PeaceEd/newsletter.)



* Back issues of Popoki News: http://popoki.cruisejapan.com/archives_e.html



What Popoki Means to Me



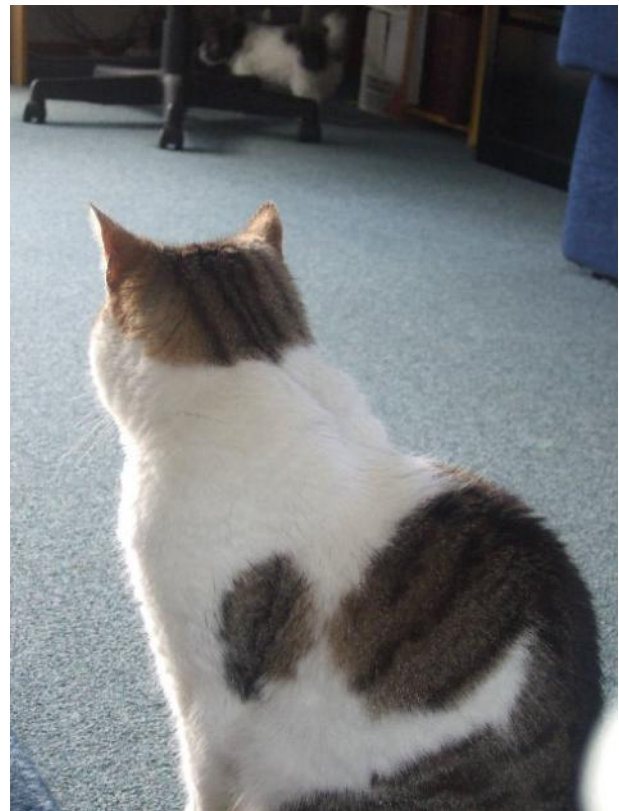
Kasumi Nishida

I won't hide that for a good week I wasn't sane. I couldn't do anything other than watching TV news for hours and gathering information on the nuclear power-plant. I couldn't read, I couldn't even go for a walk. But those days eventually came to end.

And since such strong feelings won't probably come back to me again, I want to remember. I want to remember that in the face of devastating disaster, I diminished things which were important to me. Distrustfulness towards my past academic opinions and claims. Those who reminded me about peace for women and children who were affected, and the special need for affected LGBT. I want to remember that nuke is energy which cannot exist without someone's life being sacrificed. Its absolute dreadfulness. This sense of shame, as I realized that I had not believed that abandoning nukes is a practical objective. I want to remember that I have friends who cared about me and stayed with me while I was tossing all the uncontrollable feelings, and a cup of ginger tea Kaoru san made for me. I want to be as kind as those popokis.



←The cathedral in Christchurch is the city's symbol. It was damaged too.



**What does it mean to go back to a
“normal” state of mind?→**



PLEASE HELP SUPPORT THE POPOKI PEACE PROJECT!

The Popoki Peace Project is a voluntary project which uses Popoki's peace book and DVD to promote peace through various activities such as peace camps, peace workshops, seminars and other activities. *Popoki, What Color is Peace?* has been translated into Thai, Chinese, Korean, Khmer, Indonesian, Tetun and Bengali, Vietnamese, Arabic and Hebrew. Spanish, Farsi, Lao, Swahili, translations are underway. If you would like to translate Popoki, or have a way to have the book sold at your local bookstore, please let us know.

How to purchase *Popoki, What Color is Peace? Popoki's Peace Book 1* from outside of Japan



1. Go to your local Japanese bookstore: Kinokuniya, Maruzen, etc. (or their website)
2. In the US, thanks to a very satisfied customer, *Popoki, What Color is Peace? Popoki's Peace Book 1* can be ordered from Kinokuniya Bookstore in Los Angeles. The bookstore is at www.los_angeles@kinokuniya.com and the telephone number is 213.687.4480. The price is US\$20.00 plus tax. It is also available at Joseph-Beth Booksellers, Pittsburgh, PA.

***Popoki, What Color is Friendship? Popoki's Peace Book 2* is not yet available at these bookstores.**

Some ways to purchase *Popoki, What Color is Peace? Popoki's Peace Book 1* and *Popoki, What Color is Friendship? Popoki's Peace Book 2* from inside Japan

From the publisher, Epic: TEL: 078-241-7561・FAX: 078-241-1918

From Amazon.co.jp or your local bookseller

From the Popoki Peace Project ([popokipeace\(at\)gmail\(dot\)com](mailto:popokipeace(at)gmail(dot)com))

Contributions are always welcome!

Popoki Peace Project popokipeace-at-gmail.com

<http://popoki.cruisejapan.com>



From within Japan, please use our Postal account or Postal bank account:

Account Name ポーポキ・ピース・プロジェクト神戸

Postal Account number: 00920-4-28035

Postal Bank (Yuucho Ginko) account number: Branch No.:099; Branch name: 009 店、special account(当座) 0280350

THANK YOU FROM
POPOKI!



Thank you!

http://popoki.cruisejapan.com/index_e.html
[popokipeace \(at\) gmail \(dot\) com](mailto:popokipeace(at)gmail(dot)com)