



Popoki's Hot News!



Please join us this Sunday at Tosabori YMCA for the Tosabori YMCA Summer Seminar.
7.24 Popoki's workshop starts at 10:30.



August 6 is Hiroshima Day.
Won't you join us to think about nuclear issues?

When: 8.6 8:00-9:00 (Part 1) (See p.2 for details)
Where: Higashi Yuenchi Park (South of Kobe City Hall)

We will remember the atomic bomb and the past and think and talk about the present.



Pieces of Peace



One of Popoki's friends, Kenji-san, sent a piece of peace: "Because I am happy with my place to come home to, I want to respect such places for others." Please contribute a bit of peace! What sort of 'peace' did you encounter today? Please let us know by sending a message to Popoki's e-mail: popokipeace@gmail.com



Popoki Friendship Story Project has its own page on Popoki's URL: Follow the progress of the Popoki Friendship Story Project, watch new videos and look at photos:

http://popoki.cruisejapan.com/monogatari_e.html

(Apology! Please wait until next month for Popoki's Earthquake Support Interview (4))



8月6日って、なに色？ ポーポキと一緒に核、そして平和について考えてみませんか。



ポーポキ・ピース・プロジェクトからのお誘い

日時: Part 1: 2011.8.6 08:00 (雨天決行)

場所: 神戸市東遊園地(神戸市役所南)

Part 2: 神戸 YMCA 306 09:30~11:00



1945年8月6日。ヒロシマの上空に炸裂した原子爆弾が想像を超えるような破壊や苦しみをもたらし、「核時代」の幕開けとなりました。その意味を今一度、考えてみませんか。



夏の朝一番にその瞬間を全身で感じることはじめよう。

黙とう。お祈り。ダイイン。瞑想。絵描き。太極拳。歌。ご自分にあった方法で原爆が投下された08:15を迎えましょう。*その後は、ポーポキ友情物語の記入、戦争体験や原子力政策を語ったりする予定。

そのエネルギーからなんらかの「平和」がきっと見つかるでしょう。

What Color is Hiroshima Day?

Won't you join Popoki to think about nuclear issues and peace?



An Invitation from the Popoki

Peace Project

Date/Time: Part 1 2011.8.6 08:00

Place: Higashi Yuenchi Park (south of Kobe City Hall)

Part 2: 09:30-11:00 Kobe YMCA 306

6 August 1945. The atomic bomb that exploded over Hiroshima brought unimaginable destruction and suffering, marking the beginning of the Nuclear Age. Won't you join us to think about what that means?

Early in the morning, try to 'feel' that instant with your entire body.

Silence. Prayer. Die-in. Meditation. Drawing. Tai Chi. Song. You can experience 08:15, the moment the bomb was dropped, in the way that suits you best. *Part 2: Drawing on Popoki's Friendship story banner, talk about war experience, nuclear policy, etc.

From the energy of that moment, we will be able to find some kind of "peace".

主催: ポーポキ・ピース・プロジェクト

<http://popoki.cruisejapan.com>

お問い合わせ: popokipeace@gmail.com



Popoki Workshop at Kio University

Marie Tada



I was in the art room in Kio University with Alexander Sensei, Suzanka and Chika Chan 11th July 2011. On the day, we came there to do a workshop of Popoki Peace Project.

The professor who invited us was Horiuchi Sensei. Before we started she said, "I am afraid the students will not listen to you attentively." But when we began, the students seemed very excited.

We began by thinking about peace, and then all 89 students in the room did "Poga" with us. After that we did a workshop with students. In response to the question, "What is needed for peace the most?" students picked some words from a handout in 10 seconds, for example, "Freedom," "Diversity," "Life"

and "Faith." But what was interesting for me is many groups wrote a x next to "Art." Does this mean you don't need art for peace? I asked some students the reason for their response. They said, "Because things made by focusing on design (appearance) might be difficult for people with disabilities." Although they are still students, the professional perspective surprised me and I remembered that they had just completed their nursing practicum.

Next was the fun part, drawing time!! When we started distributing big white paper to each group, many students seemed very excited about drawing. Students could choose from 2 options: one was drawing a peace garden and the other was making with peaceful, safe and *genki* (lively/well) city. Once students started drawing, they couldn't stop. All of the students drew so well. When they did the workshop, it seemed that words spontaneously came out from their mouths. "Let's write this next!" "What about drawing this one?" I thought it would be fun if I could participate as well.

One group showed their work to us and explained "In this Peace Garden, each Popoki connects with their tails." The other group said "In the city with peace, everyone can live together." In the last part, every group saw their work. They said "*Kawaii~*" (cute) to other's works. They were just like kids, and I said "*Kawaii~*" as well.

It was the first time to participate Popoki Peace Project' workshop for me, and I think this was a great opportunity to think about peace.



Popoki Friendship Story Project/ポーポキ友情物語プロジェクト

You can help by making a panel!

Let's connect ourselves to one another with a long cloth! Popoki is supporting the earthquake areas using everyone's strength and caring. The cloth began in Kobe, traveled to Miyagi and Iwate Prefectures, and is now in Kobe.

How about making a section?



詳しくはポーポキにメールへ。Information: popokipeace@gmail.com

次のリンクで最近のプロジェクトを見ることができます。Link for more information:

http://popoki.cruisejapan.com/monogatari_e.html

Length/長さ: ≤5meters(つないでい)

We will connect the sections

Width/幅 45cm

* Hem the edges/ヘリ縫いをする

Fabric: cotton broadcloth/

素材: 綿ブロード。

Color: Very light pink, or as you like

色: 薄いピンク、又はお好きな色



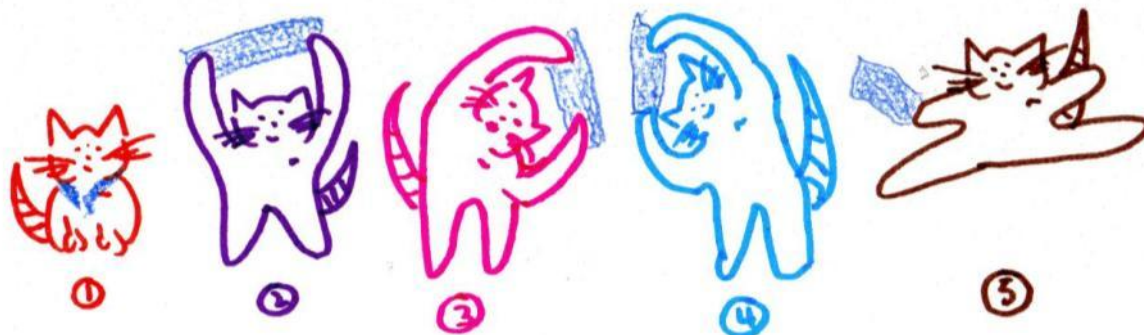
出来上がった布をポーポキ・ピース・プロジェクト宛(657-8501 神戸市灘区六甲台町 2-1 神戸大学大学院国際協力研究科 ロニー・アレキサンダー方)へお送り下さい

Please send finished sections to: Popoki Peace Project, c/o Ronni Alexander, GSICS, Kobe University, Rokkodai, Nada-Ku, Kobe 657-8501 JAPAN

Popoki's Easy Poga

Lesson 38

This month's theme is stretching with a towel. We hope it makes you feel better!



1. As always, begin with sitting up straight and making yourself look thin.
 2. Next, stand and holding your towel with both hands, stretch up!!! Tail, too...
 3. Now, still holding the towel, stretch to the right side....
 4. And to the left side....
 5. Did it? Good for you! Time for the "I did it!" pose!
- Congratulations! You have successfully completed Lesson 38. Do you feel refreshed?
Please remember to relax, breathe, laugh and practice for 3 minutes every day.

Please join us!

Next Po-kai: 2011.8.6 Kobe YMCA 306 9:30-11:00 (Nuclear issues)

7.24 Tosabori YMCA (Osaka) Summer Seminar 2011 Workshop 10:30-12:30

8.6 Part 1 8:00-9:00 am Gather in Higashi Yuenchi Park in Kobe for an event remembering the bombing of Hiroshima!!! Part 2 9:30-11 Kobe YMCA 306

8.8 Popoki workshop at Seminar for International and Development Education to Promote Living Together (in Japanese). For information, reservations for 2-day seminar contact: JICA Hyogo at 078-261-0342 jicahic-event @ jica.go.jp

8-15 September Popoki in Guam!!!

16-20 September Popoki in Iwate and Sendai Popoki program for Northeastern Japan earthquake support

10.22 Popoki Friendship Story Exhibit at Peace as a Global Language Conference, Konan University

10.27 Po-kai Kobe YMCA 19:00 (Peace map discussion and planning)

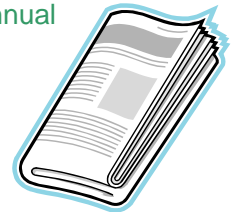
10.10 Po-kai 13:00 Port Island Hyogo University of Health Sciences (peace map)

11.12 Peace & Health map program in Port Island with Semester at Sea students. Hyogo University for Health Sciences, Port Island

11.26 Popoki's Mini Film Festival (with Kobe YMCA). Kobe YMCA

Popoki in Print

- McLaren, Sally. "The Art of Healing" in *Kansai Time Out* June 2011, p.10 (kansaiscene.com)
- R. Alexander. (2010) "The Popoki Peace Project: Creating New Spaces for Peace in Demenchonok, E., ed. *Philosophy after Hiroshima*. Cambridge Scholars Publishing, pp.399-418
- 省窓: Column in *Kobe YMCA News*, No.606, 2011.1, p.1 (*In Japanese*)
- "What is Behind 'Popoki, What Color is Peace?' 1st in a series in "Tosabori Life" No.19 2010.10:4 (*In Japanese*)
- HORIKOSHI Takeshi. "Kokusai no mado" (article about Palestine) *Kobe YMCA News* No.604 2010.9-10, p.3
- "If we all participate, something will change! Reflecting on Palestine" *THE YMCA* No.607 June 2010, p.1 (*YMCA Japan Monthly Newspaper*)
- Hiroshima and the World: What Color is Hiroshima? Chugoku Shimbun Peace Media Center, http://www.hiroshimapeacemedia.jp/mediacenter/article.php?story=20100312140608602_en 2010.3.15
- FM COCOLO 76.5 'Heart Lines' 2010.1.9 Japanese Interview: Ronni on Popoki in Palestine
- "Human Rights, Popoki and Bare Life." *In Factis Pax Journal of Peace Education and Social Justice* Vol.3, No.1, 2009, pp.46-63 (<http://www.infactispax.org/journal/>)
- Nishide, Ikuyo. "Popoki, What Color is Peace? Lecture by Ronni Alexander." "PPSEAWA" (Pan-Pacific and south-East Asia Women's Association of Japan), No.63, 2009.12, p.5
- 'Friendship' No.2 2009.11 Itami City International/Peace Exchange Commission, Annual Events, p.1-2.
- 'Not for But With...' No.79, 2010.1 Notice of the Popoki Peace Challenge event. P.12
- 'Nada' notice of the Popoki Peace Challenge event, 2009.12, p.2
- 'Yujotte...Kangaeru Ehon.' Asahi Shimbun 2009.7.2 AKUZAWA Etsuko
- 'Yujo wo kangaete - Ningen to, Neko to, soshite Jibun to,' *RST/ALN*, No.259 2009.6.28, p.11
- 'New Books: *Popoki, What Color is Friendship? Popoki's Peace Book 2* ' (Rebecca Jennison) "Cutting-Edge," Vol.35 2009.6, p.3
- 'Thinking about Peace with a Cat: Second Peace Book Published.' (SAITO Masashi) *Kobe Shimbun*, 2009.4.21
- 'Popoki, What Color is Peace?' *Kobe YMCA News*, 2009.3.1. No.593. p.2
- 'Popoki, What Color is Trash?' *Kobe YMCA News*, 2009.1.1. No.592. p.2
- 'Tomodachi ni Natte Kuremasenkai,' *RST/ALN*, 2009.2.22
- Popoki on the radio. <http://www.kizzna.fm/> Click on 6CH to hear the program and reading of Popoki in Japanese
- *Yasashii kara hito nann desu* Exhibition Organizing Committee 'Universal Declaration of Human Rights.' Hyogo Buraku Liberation and Human Rights Institute. 2008.10. ¥500. For information contact: blrhyg@osk3.3web.jp
- "KFAW College Seminar: What Color is Peace for Women? Thinking about Peace, Violence and Gender with Popoki." *Asian Breeze* No.54 October 2008, p.8 (Kitakyushu Forum on Asian Women)
- *Kobe Shimbun* "Human Rights Declaration Exhibition Panels: 6 Local Hyogo Artists Illustrate all 30 Articles" 2008.10.8. p.10
- "An Interview with Dr. Ronni Alexander." *The Newpeople*, Pittsburgh's Peace and Justice Newspaper, Vol.38 No.9, October 2008, p.5
- "Nuclear Security is Inhuman Security - Dr. Ronni Alexander speaks about Hiroshima and Nagasaki." *The Newpeople*, Pittsburgh's Peace and Justice Newspaper, Vol.38 No.9, Oct. 2008, p.4
- Popoki in Pittsburgh. Check out the Remembering Hiroshima/Imagining Peace URL: <http://www.rememberinghiroshima.org/>
- Global Campaign for Peace Education News #57 August 2008 (The Global Campaign for Peace Education (GCPE) e-newsletter. Sign-up to receive the newsletter and review back issues online at www.tc.edu/PeaceEd/newsletter.)



* Back issues of Popoki News: http://popoki.cruisejapan.com/archives_e.html

http://popoki.cruisejapan.com/index_e.html
[popokipeace \(at\) gmail \(dot\) com](mailto:popokipeace@gmail.com)



What Popoki Means to Me

Suzana Hanibalova



When I was little, people would come and ask "What do you think peace is?" Peace??..."When there is no war...", "when two countries are in a friendship"...but what does "a country", "a war" and "peace" mean?~. The words were too difficult, so "peace" was something remaining for me very far away.

At that time, I loved to spend time with my best friend from the neighborhood. In the spring we would go to the pond and count the polliwogs just being born, in the summer we would go for picking mushrooms and later on let my father cook them for us for dinner. In the autumn we would build little houses for the ants to save them from the cold rain... Being in nature and discovering the new adventures in the coming season together with my friend I just loved so much! The friendships among people and people and nature are also a little peace, aren't they? But sometimes we found that the things which my friend and I wanted to do, the things which made us happy were just different. If each person's happiness and each person's little peace are different...is it still a peace?

There are different kinds of people, different ways of thinking and different ways of feeling in this world. Sometimes it may be hard to understand each of them, but if we take each as a little peace, respect and treat them well...some day it may connect us to one big peace.

Now the peace is no more far away! It is just close...it is inside my heart.

Thank you Popoki!! Because of you...I noticed that there is peace of different colors, different shapes and sizes, different smells...and all is peace.

Po~~~poki! Let's make our world...a peaceful world for everyone!



My new friend. Her name is "pejsek"!...Nice to meet you everyone!

PLEASE HELP SUPPORT THE POPOKI PEACE PROJECT!

The Popoki Peace Project is a voluntary project which uses Popoki's peace book and DVD to promote peace through various activities such as peace camps, peace workshops, seminars and other activities. *Popoki, What Color is Peace?* has been translated into Thai, Chinese, Korean, Khmer, Indonesian, Tetun and Bengali, Vietnamese, Arabic and Hebrew. Spanish, Farsi, Lao, Swahili, translations are underway. If you would like to translate Popoki, or have a way to have the book sold at your local bookstore, please let us know.

How to purchase *Popoki, What Color is Peace? Popoki's Peace Book 1* from outside of Japan



1. Go to your local Japanese bookstore: Kinokuniya, Maruzen, etc. (or their website)
2. In the US, thanks to a very satisfied customer, *Popoki, What Color is Peace? Popoki's Peace Book 1* can be ordered from Kinokuniya Bookstore in Los Angeles. The bookstore is at www.los_angeles@kinokuniya.com and the telephone number is 213.687.4480. The price is US\$20.00 plus tax. It is also available at Joseph-Beth Booksellers, Pittsburgh, PA.

***Popoki, What Color is Friendship? Popoki's Peace Book 2* is not yet available at these bookstores.**

Some ways to purchase *Popoki, What Color is Peace? Popoki's Peace Book 1* and *Popoki, What Color is Friendship? Popoki's Peace Book 2* from inside Japan

From the publisher, Epic: TEL: 078-241-7561・FAX: 078-241-1918

From Amazon.co.jp or your local bookseller

From the Popoki Peace Project ([popokipeace\(at\)gmail\(dot\)com](mailto:popokipeace(at)gmail(dot)com))

Contributions are always welcome!

Popoki Peace Project popokipeace-at-gmail.com

<http://popoki.cruisejapan.com>



From within Japan, please use our Postal account or Postal bank account:

Account Name ポーポキ・ピース・プロジェクト神戸

Postal Account number: 00920-4-28035

Postal Bank (Yuucho Ginko) account number: Branch No.:099; Branch name: 009 店、special account(当座) 0280350

THANK YOU FROM
POPOKI!



Thank you!

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